HH CONSTRUCTION (GROUNDWORK CONTRACTORS) LIMITED
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RAMS Package – Manhole Drain Connection (Live Manhole)

This risk assessment and method statement have been complied using industry knowledge, client information and legal guidance, regulations and customer requirements. The document is not definitive in that; it should be read at a pre-work commencement briefing and challenged. Any alterations can be made on the rear of the document, and counter signed (initials). The document should be continually reviewed at site level to ensure its validity.

Client	Aldi / Projekt	**Contract No.**	HH 592	**Date**	09/05/2025
Site Address	Aldi Whitehaven, Preston Road, CA28	**Site Manager**			
Work Area	Site				
HH Contracts Manager	Paul Handforth	**Contact No.**	07539 268537		
HH Site Manager		**Contact No.**			

1. Programme

Start Date	26/05/2025	**Duration of Works**	TBC	**Working Days**	Monday – Friday
				Working Hours	08:00-17:30

2. Actions prior to commencing work activities

Prior to commencing work on site, all our operatives will report to the site office on their first day to receive a H&S Safety induction and sign in / out each and every time they arrive or leave the site. The site manager working with our foreman shall maintain open lines of communication to ensure that safety and quality standards are being met and to ensure the areas are segregated from other contractors to ensure the areas remain clear during the specified ground work tasks.

3. Description of works

HH Construction LTD have been appointed to carry out the following work activities:

- Installation of new drain line (FW) to existing live manhole.

4. Competence/Resources

HH Construction Ltd will employ sufficient numbers of ground workers or machine operators as required to enable completion of works within contract specification and times. The operatives will all hold the appropriate skills and qualifications to undertake these works:

- All plant and machinery operators will have been assessed under the CPCS and NPORS Registration Scheme and hold trained operator or competent operator cards.
- Training certificates will be available in the site file.
- Site managers hold current SMSTS & First aid
- All HH Construction employees will hold a current CSCS or CSCS Affiliated card.

5. Plant/Equipment/Tool requirements

All plant/equipment/tools are subject to thorough examinations under the Provision and Use of Work Equipment Regulations 1998.

Type	Plant No.	Inspection Date
360 Excavator		
Forwards Tipping Dumper		
Various Hand tools		
Tripod & Winch System		
Harness		
Escape Set BA		

6. Personal Protective Equipment (PPE) Required (*Please* ✓)								
							*Other*	*Other*
Hardhat BS EN 397	*Hi-Vis BS EN 471-2*	*Footwear BS EN345-1*	*Gloves BS EN 388*	*Glasses BS EN 166 B*	*Hearing BS EN 352-1*	*Respiratory EN149 FFP3*	*Waterproof overalls*	
MANDATORY	**MANDATORY**	**MANDATORY**	✓	✓			✓	

Mandatory minimum **3 points** PPE at all times. Additional PPE may be required as directed on the site-specific Risk Assessments. All PPE issued will be recorded on the issue record and where necessary, operatives will receive suitable instruction and training on its use.

7. Welfare requirements

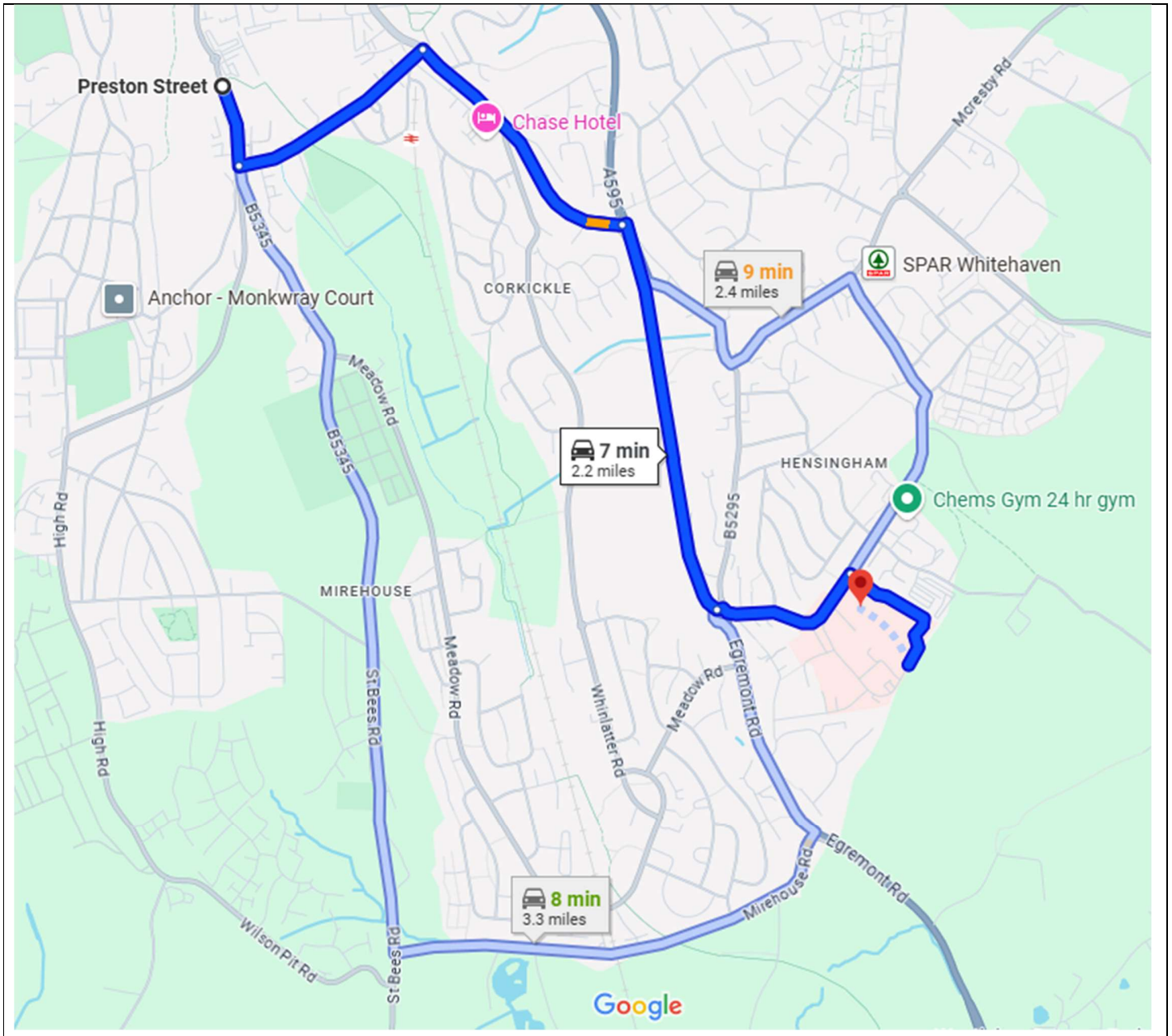
Provided by Principal Contractor in compliance with Schedule 2 of the 2015 CDM regulations.
HH Construction will provide their own site cabin, plant/equipment safe as per Preamble document – HHRAMS 00.

8. Emergency Procedures (indicate whether provided by PC, HH or both – see 1. Sequence of works)

First aid cover and facilities will be provided by the main contractor in addition to our own trained first aider, these requirements will be communicated to the workforce during the site health and safety induction.
Emergency procedures will be designed and implemented by the main contractor; these will be communicated to the workforce during the site induction.

			*Other*
PC	Both	HH	
HH First Aider	Paul Handforth		
Nearest Hospital *(add directions below)*	West Cumberland Hospital - Homewood Rd, Hensingham, Whitehaven CA28 8JG		

- ↑ Head south on Preston St/B5345 towards Ginns
  - Continue to follow B5345
- ↰ Turn left onto Coach Rd/The Rise
  - Continue to follow Coach Rd
- ↰ Turn right onto Corkickle/A5094
  - Continue to follow A5094
- ↰ Turn right onto Hensingham Byp/A595
- ↱ At Hensingham Roundabout, take the 2nd exit onto Homewood Rd
- ↰ Turn right


Preston Street
Chase Hotel
A595
Mcresby Rd
B5345
Anchor - Monkwray Court
CORKICKLE
9 min
2.4 miles
SPAR Whitehaven
Meadow Rd
B5345
7 min
2.2 miles
HENSINGHAM
Chems Gym 24 hr gym
B5295
High Rd
MIREHOUSE
St Bees Rd
Meadow Rd
Whinlatter Rd
Meadow Rd
Egremont Rd
High Rd
8 min
3.3 miles
Mirehouse Rd
Egremont Rd
Wilson Pit Rd
St Bees Rd
Google

9. Waste and environmental impacts

Our scope of works will not have any environmental impacts. We will adhere to the Principal Contractors waste procedures and any waste will be disposed of in the designated site skips.
All materials imported and exported to site shall adhere to the WMP and ensure all information is recorded

10. COSHH

A thorough risk assessment must be completed for all hazardous substances under the Control of Substances Hazardous to Health Regulations 2002.

Works to be carried out are associated with the following hazardous substances

Concrete	☐	Cement	☐	Hydraulic Oil	☐	Petrol	☐	Diesel	☐	Grout	☐	Tarmac	☐
Line Marker	☐	Grease	☐	Aggregates	☐	Adolease	☐	Adblue	☐	Pipe Lubricant	☐	2-Stroke Oil	☐
Release Agent	☐	Sealant	☐	pH Neutraliser	☐	Foam	☐	Emulsion	☐	Adhesive Tape	☐	Bitumastic Paint	☐
Bituminous Materials	☐	Thermoplastic Road Marking	☐	P.S Mortar	☐	Construction Dust	☒		☐		☐		☐

To be read in conjunction with COSHH Risk Assessment no.

- CRA 026 Construction Dust 2025

11. Permits required (*Please* ✓)

Permit to work	✓	Confined Spaces	✓	Permit to Dig	✓
Hot-work Permit		Out-of-hours Work		Other	

12. Temporary works

HH Construction do not design any temporary works, and work underneath external designers. Contact information for temporary works relevant to the task below.

TW Design		**Contact Number**	
TWD Checker		**Contact Number**	
TW Coordinator		**Contact Number**	
TW Supervisor		**Contact Number**	

13. Lifting operations

All lifting operations conducted by HH Construction will be completed in line with the '**Schedule of Common Lifts**' within the Lifting Operations Policy – HHC-P&P023.
A bespoke lift plan must also be completed showing details of the lift including location, machine used, accessories used and materials to be lifted.
All lifting equipment is subject to thorough examinations under the Lifting Operations and Lifting Equipment Regulations 1998 at the specified intervals:

- 6 months, for lifting equipment and any associated accessories used to lift people.
- 6 months, for all lifting accessories.
- 12 months, for all other lifting equipment.

Appointed Person		**Contact Number**	

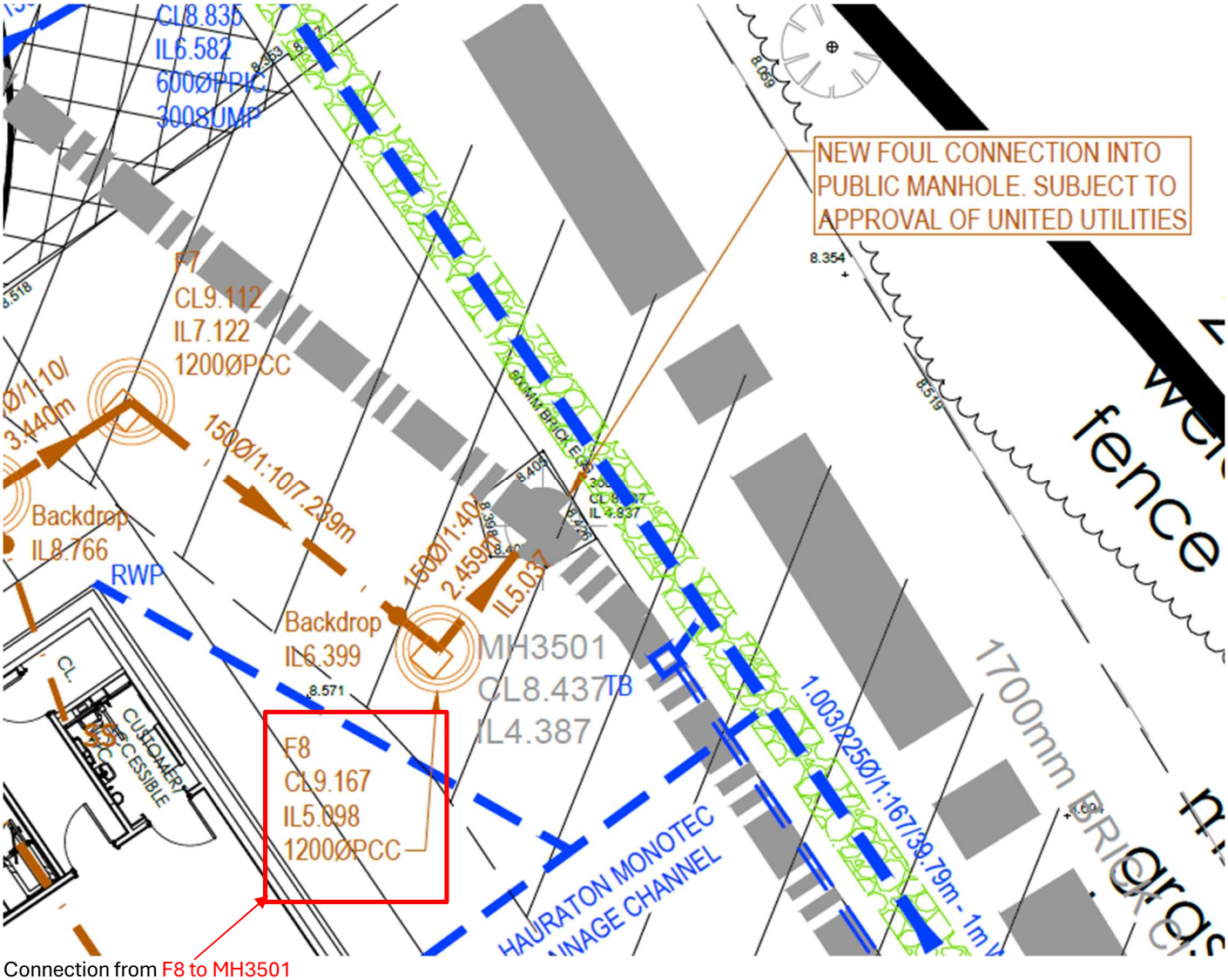
14. Scope of works

In order to ensure that the works are carried out in a way which minimises the risk to the safety and health of both workers and others affected by the work activities, the following measures will be implemented and followed. If at any time this sequence is no longer relevant, works must cease immediately, and the supervisor informed.

The works will then be continually assessed and where necessary suitable amendments made to the risk assessment and this method statement. Any subsequent changes made must be communicated to the workforce.

Order of works:

- Pre-start safety checks.
- Securing the work area.
- Operation.
- Additional Conditions.



Connection from F8 to MH3501

15. Roles and Responsibilities

15.1 Site manager:

- Ensure the risk assessment and method statement have been communicated to those involved in the work.
- Monitor the works to ensure the risk assessment and SSW remains suitable and sufficient.
- Ensure a Pre-Start induction is given to all workers involved in the task.
- Ensure all the relevant inspection records are signed and completed.
- Ensure that all the Equipment used for the task is tested and certificates are checked.

NB: A Pre-Start Briefing must be given by the site manager prior to work commencing. The talk must cover the requirements of this Method Statement, and site hazards or work restrictions for the day and any other relevant instructions.

15.2 Site Operatives:

- Ensuring they take reasonable care of their own safety, and or any other person(s), who may be affected by their acts or omissions at work.
- Not misusing or interfering with anything provided with regard to safety, health, welfare, and fire arrangements. (Employees misusing personal protective equipment will be subject to disciplinary action by the Company). Ensuring they use and/or wear PPE as instructed.
- Looking after and maintaining equipment issued and requesting replacements when necessary.
- Complying strictly to all site rules and safe working procedures and only operate plant and equipment for which they are trained.
- Using the correct tools and equipment for the task, reporting defective equipment.
- Follow the safety systems of work detailed in any risk assessment or method statement.
- Report all accidents / incidents to the appropriate persons.
- Comply with both the company rules and any client site rules.

16. Methodology

16.1 Pre-Start checks

Prior to any work commencing, pre-use inspections must be taken and recorded to ensure the equipment is safe for use and fit for purpose. All equipment must be used for their intended purposes.

16.2 Securing the work area

- Access and egress points will be agreed with the client prior to work commencing. General restrictions apply with access for all deliveries including plant and materials, i.e., not blocking existing driveways or access points, not parking on side streets or restricted roads and use of banksman as required to ensure safe access/egress.
- Normal access to the site will be as directed by the Site Manager or Client.
- Interlocked pedestrian barriers will be used to secure the work area will be made secure in order to prevent the entry of unauthorised personnel**.**
- Pedestrians are to be segregated from the works area using suitable, barriers, fencing, signage, and cones as required.
- All personnel are to report to the site office, sign in daily.

16.3 Service location

Services will be located observing the following points:

16.3.1 Pre-Use Inspections of Cable Detecting Equipment

- All Cable Detecting Equipment (CAT) must have an up-to date Calibration Certificate; this must be checked by the Site Manager before the CAT is used. Where possible a Genny will be used with the CAT in order to locate any services more accurately.
- The CAT (and Genny) must be inspected for signs of damage or defect, any issues must be recorded on the “Small Tools Register” and the equipment not used, it must be sent away for repair and re-calibration.

16.3.2 Identifying the location of a Service

- Where a service is suspected or identified, then the positions of these will be marked using spray paint, barriers, road-cones or similar which will identify the route of the service, this will provide a visual aid for all persons on site as to the location of the services.
- A safety zone of at least 5m away from any detected services will be marked out in an appropriate manner. See **16.4.1 Excavation Safety** for further measures.

16.3.3 CAT and Genny method

- When scanning the area with the CAT the user should walk the whole area in a “grid” pattern this will ensure that the whole area is checked. Where a Service is identified the sensitivity control should be turned so that it narrows the area of detection which will help to pin-point the exact location of the Service.
- The Genny should be attached to the service if a connection point can be found, with the Genny turned on this will send a repeating signal through the service which can then be detected by the CAT.
- If a connection point cannot be found then the Genny should be placed directly over the service and turned on this will send a signal through the ground which may then be picked up by the service which in turn will then transmit a signal.

16.4 Excavation works

16.4.1 Excavation safety

- Where practicable, the use of a Vac-Ex must be used over any mechanical digging aids. RAMS for use of Vac-Ex will be provided separately or by the sub-contractor. The use of an air or water lance may be implemented to aid in disrupting earth.
- Excavation works using the 360º excavator shall only commence once the area has been scanned with cable detecting equipment and the use of a Vac-Ex has been carried out to locate any known or suspected buried services. Where services are found and revealed, then mechanical equipment will not be used within 500mm of a service.
- Once the excavator has excavated to 500m above/aside known services, the use of a Vac-Ex should be implemented to fully expose services. Hand digging around known services can only be completed once authorisation has been received from HH Health & Safety Manager or HH Construction Manager.
- Whilst the ground is being removed a banksman must be present in order to guide the excavator operator and to observe the dig looking out for services and obstructions.

NB: See Safe Digging Practices flowchart below for further information.

- An on-site assessment of the ground conditions and the depth is required of the excavation to determine whether it is necessary to have to use any kind of ground support.
- Ground support will be in the form of stepping back the excavation (1m back for every 1m in depth), or trench support systems to ensure that the excavation remains stable and safe for operatives working in and around.
- Steel Pedestrian Barriers will be used for edge protection these will be placed a minimum of 2mtrs from the excavation edge, where practical. If an excavation is to be left exposed overnight, double clipped heras fencing must be installed.

16.4.1.1 Permit to Dig

All works must be carried out in accordance with the Principal Contractors permit to dig procedure.

- Relevant service drawings must be issued prior to works commencing; these drawings must be reviewed, and the site surveyed in order to identify the positions of any services which may be present, i.e. the location of any structures such as joint boxes and valve chambers can be verified visually.
- Underground services such as pipes, cables, ducts etc., must be located using a CAT and Genny prior to excavation commencing.

16.4.2 Access to excavations

- Where practical Stepsafe systems are to be used or steps will be cut into the excavation side to allow safe access and egress, where this method cannot be adopted safely then a ladder will be used.
- Where a ladder is used the following requirements must be implemented:
  - i. The ladder must be of a sufficient length so that it protrudes past the landing by at least 1mtr
  - ii. It must be set at the correct angle (1 in 4 or 75degrees)
  - iii. It must be inspected daily and a record of the inspection made weekly
  - iv. It must be secured at both the top and bottom to prevent any movement
  - v. It must be placed on firm level ground
  - vi. It must not be used by workers carrying tools, materials or equipment
  - vii. Workers must have at least three points of contact at all times
  - viii. It must be placed sideways onto the landing point so that workers do not have to stride over it to access the landing.

16.4.2.1 Temporary Works

- Groundforce guidance for the support equipment will be strictly adhered to during the construction/installation. (See attached Manhole box and drag box designs for deep excavations.)

16.4.3 Edge Protection

- The manhole and drag boxes will be fitted with edge protection
- Steel Pedestrian Barriers will be used for edge protection these will be placed a minimum of 2mtrs from the excavation edge, where practical

16.4.4 Working in a sewer

- During work in the sewer, the controls in the attached Risk Assessments will be followed at all times.
- Correct and appropriate PPE will be worn by all operatives.
- Any open wounds will be cleaned immediately and dressed with waterproof dressing.

16.5 Use of mobile plant

- Excavation and transportation of bulk material will be undertaken using a combination of hand digging (near services), 360° excavator and dumper for material transportation.
- Appropriate safety measures (such as the use of barriers) will alert plant operators to the presence of excavations and help to prevent plant from running too close to them.
- The following controls must be implemented when using mobile plant:

16.5.1 Pre-use plant inspections

- Both the Dumper and Excavator must be subject to a pre-use inspection, to check for signs of damage or defects such as:
  - Inoperative brakes
  - Punctures
  - Hydraulic leaks
  - Broken mirrors / glass
  - Defective levers
  - Defective steering
  - Material failure
- This list is not exhaustive, and each item of plant may have additional items to check. The "Daily Plant Inspection Form" contains a list of items to check, this must be completed and signed on a daily basis by the plant operator.
- Any defects are to be reported immediately to the Site Supervisor and the item concerned not used until a suitable repair has been carried out.
- Windows, Mirrors & Reversing Cameras must be adjusted to suit the operator so that all-round visibility is achieved and cleaned regularly in order to prevent a build-up of dirt and to give suitable visibility.

16.5.2 Transporting the spoil / material

- The dumper driver must also ensure that he dismounts from the dumper and stands clear of the area when loading is taking place as there is a risk that he could be struck by the excavator or any spoil as it is loaded.

- When the dumper driver is travelling across site the speed of the dumper must be kept to a minimum at all times.
- Once the dumper is loaded the dumper driver must ensure that the seat belt is worn and that the flashing beacon is operating, the speed of the dumper must be kept to a minimum at all times and the driver must be constantly checking his surroundings.
- The excavator operator must also constantly check his surroundings and must not track the excavator until he has slewed the excavator so that he can check his surroundings for workers and /or other plant.
- When loading directly into a wagon the wagon must be banked to the designated loading area and the driver must stay in the cab, the 360 operator will excavate the area and load into the back of the wagon. Once loaded the wagon will be directly safely from site.

16.5.3 Loading the spoil onto the dumper or wagon

- As the ground is excavated the spoil will be placed into the dumper or wagon until it is fully loaded, it should not be loaded to the extent that spoil is falling out of the skip as it is transported, this could result in workers or a member of the public being struck by falling material.
- During loading, the dumper driver must dismount the dumper and stand clear of the loading area, i.e. in a safe position. The excavator operator also has a responsibility not to load the dumper until the driver has dismounted and stood in a safe area.

16.5.4 Changing excavator attachments

- When any attachments are changed on the excavator the quick hitch pin must be available and secured in place using the safety clip to prevent it from becoming detached.
- It is the excavator operator's responsibility to ensure the safety pin is in place & secured.
- Checking the quick hitch device must be part of the pre-use inspections and should be regularly maintained to ensure correct working, any defect must be reported immediately. The excavator should not be used until a suitable repair has been carried out, a "Thorough Examination" of the quick hitch must then be undertaken and a certificate issued before it is used.

Installing the connection

3.6.1 Breaking into the existing manhole

a) The manhole will be broken into in order to install the new connection.
b) The live channel will be covered to ensure no debris goes in to the live run
c) The existing benching will then be saw cut and broken out and the manhole broken into from the manhole / drag box outside
d) The use of tools in the confined space will be influenced by the appropriate vibration and noise controls.
e) The breaker that will be used will be powered by a compressor. This will be situated as far away from the confined space as possible so as not to allow the build-up of fumes.
f) Once broken through the new channel and stubs and rockers will be placed and set

16.6 Installing the new channel and making good the manhole

16.6.1 Benching the manhole base

- After the existing benching has been broken out, the new channel will be formed and the manhole will be re- benched to accommodate it. Use of the grinder will be governed by the relevant HAVS and Noise assessments.
- A number of substances will be used to form the mortar required for benching, these are:
    - Cement Powder
    - Grano
    - Sand
    - Water
- These substances are mixed together by hand or in a cement mixer to form a mortar mix similar to brick mortar. Due to the hazards associated with Cement and Grano powder, the worker carrying out the mixing must ensure that the required PPE, as stated in the COSHH assessment, is used e.g. waterproof legging or willies etc.
- Small quantities of the powders should be poured at a time and water added as the powder is poured, as this will ensure that the levels of powder are kept to a minimum.
- The Mortar is applied using a trowel. The worker must ensure that he wears the required PPE (PVC Gloves and Safety Glasses) to carry out this work this is necessary as the mortar will be in a type of solid liquid form and therefore there is a risk of splashes, if the mortar were to splash onto the skin it would stick. If the mortar does come into contact with the skin or eyes it must be washed immediately with fresh water

16.6.2 Working with concrete

- Workers who could be exposed to semi-dry or wet concrete must ensure that they wear the appropriate PPE identified in this method statement and also where available barrier creams should be applied to the hands. If the concrete does come in to contact with the skin it must be washed immediately – failure to do this is likely to result in chemical burns to the skin.
- Any person suffering from any skin problems such as Dermatitis must inform the supervisor and keep the exposure to a minimum at all times
- Any clothing or PPE which becomes contaminated must be removed immediately. Any area of the skin contaminated with concrete must be washed immediately.
- All items MUST be inspected before use each time for signs of damage or defect, if any is found it MUST be reported and recorded and the item taken out of service immediately.

16.6.3 Backfilling around the Manhole

- The bedding around the pipe will be of the correct type and depth as required in the specification.
- The backfill will be the correct depth and compaction as stated in the specification.

16.7 Confined Space - Entry into Ex MH ?

16.7.1 Confined space

- Due to the enclosed nature of the manhole making it a confined space, the following should be in place:
    i. Permit to enter issued on the basis of the following being present:
    ii. Confined space trained/competent operatives
    iii. Top man
    iv. Continuous Gas Detection Unit
    v. Escape plan

vi. Escape B/A

vii. Harness

16.7.2 Preparation

- Before any work proceeds, all the equipment which is to be used for the work must have an up to date Examination Certificate which must be checked to ensure the item is safe to use and the necessary records completed, the types of equipment are as follows:
    i. Tripod and winch system
    ii. Safety Harness
    iii. Escape B/A Set
    iv. Continuous Gas Detection Unit (GDU)
- b) If any item of equipment does not work correctly, is damaged or faulty it must be reported to the Site Supervisor immediately and the equipment NOT used until a suitable replacement has been provided. All PPE must be inspected before use to ensure that it is suitable for the task and that there are no signs of damage or defect. Any defective PPE must be replaced and disposed of.

16.7.3 Permit to work

- Prior to the work commencing the Site Supervisor must ensure that a Permit to Work is issued and that both the Entry Personnel and Top Man are aware of the Permit requirements.
- The Permit must be issued by the Main Contractor.

16.7.4 Equipment set-up

- The tripod and winch will be assembled, the winch will be fully unwound and then re-wound to ensure that it works correctly and so that the workers can familiarise themselves with it.
- The fall safe winch is then set-up above the ladder safe platform adjacent to the ladder.
- The GDU is then lowered into the excavation so that it is approximately 1 foot above the floor level, this is left for a minimum of 20minutes. If the detector is reading that the atmosphere is safe, then the entry man will enter the excavation to carry out the required work ensuring that he takes the 10-minute rescue set with him
- If the GDU indicates an unsafe atmosphere, then it will be left to ventilate for a further 20 minutes. If the contamination persists and the atmosphere is unsuitable then fresh air blowers will be introduced.
- The GDU will remain is the manhole whenever personnel are present.
- Any personnel working in the confined space must wear the Safety Harness at all times, preferably connected to the winch in case they need to be lifted out in case of an emergency.
- Personnel will check each other's harnesses are correctly fitted prior to any entry of the confined space.

16.7.5 Access and egress

- Once the frame and cover is removed from the chamber opening the Entry Man will connect his harness to the winch.
- The winch will be set to the inertia reel setting and the Entry Man use the steps to gain access the work face.

16.7.6 Carrying out the work

- While the Entry Person is carrying out the work the Top Man will constantly monitor them, this will ensure that in the event that any of the Entry Personnel should pass out or be injured causing him to become unconscious then this will be identified at the earliest opportunity.

16.7.7 Installation of the vetter stopper

- Once at the workface the top man will lower the vetter stopper on a rope.
- The entry man shall not stand directly below the vetter stopper whilst it is being lowered.
- The entry man shall wear suitable PPE when installing the bung, i.e. Gloves, Safety Goggles
- Upon signal of the entry man the top man will start the compressor to inflate the bung to design pressure.

16.8 Emergency escape arrangements

- In the event of an emergency requiring rescue or immediate evacuation from the space the following procedures will be followed:

16.8.1 Gas Alarm

i. On hearing a gas from the GDU alarm :

16.8.2 Top man

i. Ensure personnel can locate escape BA, shout instructions if needed
ii. Raise the alarm
iii. Standby with winch
iv. Ensure everyone evacuates

16.8.3 Entry Personnel

i. Don escape BA immediately
ii. Check every has heard alarm and located escape BA and is not in trouble.
iii. Any one in trouble should be given priority connection to the winch
iv. Head to the egress point as quickly and safely as possible.

16.8.4 Site Supervisor

i. Inform the emergency services
ii. Administer First Aid if required
iii. Ensure the area is made safe

16.8.5 Serious Injury

Top Man

i. Raise the alarm
ii. Winch the Entry Man from the space
iii. Administer First Aid if required and trained to do so

iv. Inform the emergency services if necessary

v. Make the area safe

Non-injured entry personnel

i. Assist the casualty

ii. Attach the winch

iii. Assist evacuation

16.9 Additional conditions

16.9.1 Danger to operatives on site.

- All personnel on site will be aware of the dangers of working close to heavy plant and with hot bituminous materials and will wear the appropriate PPE, i.e.: safety footwear, gloves (heat resistant), high visibility clothing, goggles and hard hats as required.
- Only competent trained persons will operate the plant and equipment required.
- Footplates/cover plates will be kept clean and clear of materials at all times.
- Operators of the machine will be reminded of the dangers of walking on metal surfaces and will be particularly cautious when the surfaces are wet.
- All personnel will be made aware of hot surfaces on the machine and will be wearing Heat Resistant gloves and footwear when appropriate.
- Personnel operating machinery will remain within isolated areas, clear of site traffic.
- All personnel must keep clear of moving parts, e.g.: augers, tampers and flight bars conveyor systems and rollers.
- When marshalling the lorry into position banksman must stand at the side of the plant and away from the direction of the vehicle.
- The driver of the plant will position according to relevant site line for a better all-round observation.
- Fire extinguishers will be kept on the machine at all times.
- Gas bottles for the plant will be kept in a safe place stored as per the requirements of the Dangerous Substances Regulations.

16.9.2 Danger to Pedestrians, Public and Children where applicable.

- Ensure no pedestrians or unauthorised personnel enter the area around the plant or operations.
- Ensure adequate guarding and signage is in place prior to commencement of operations and continue to monitor during day.
- If unauthorised access is gained, end all operations promptly and report to supervisor/manager immediately to enable the situation to be handled affectively.

16.9.3 Working with vibrating plant/equipment

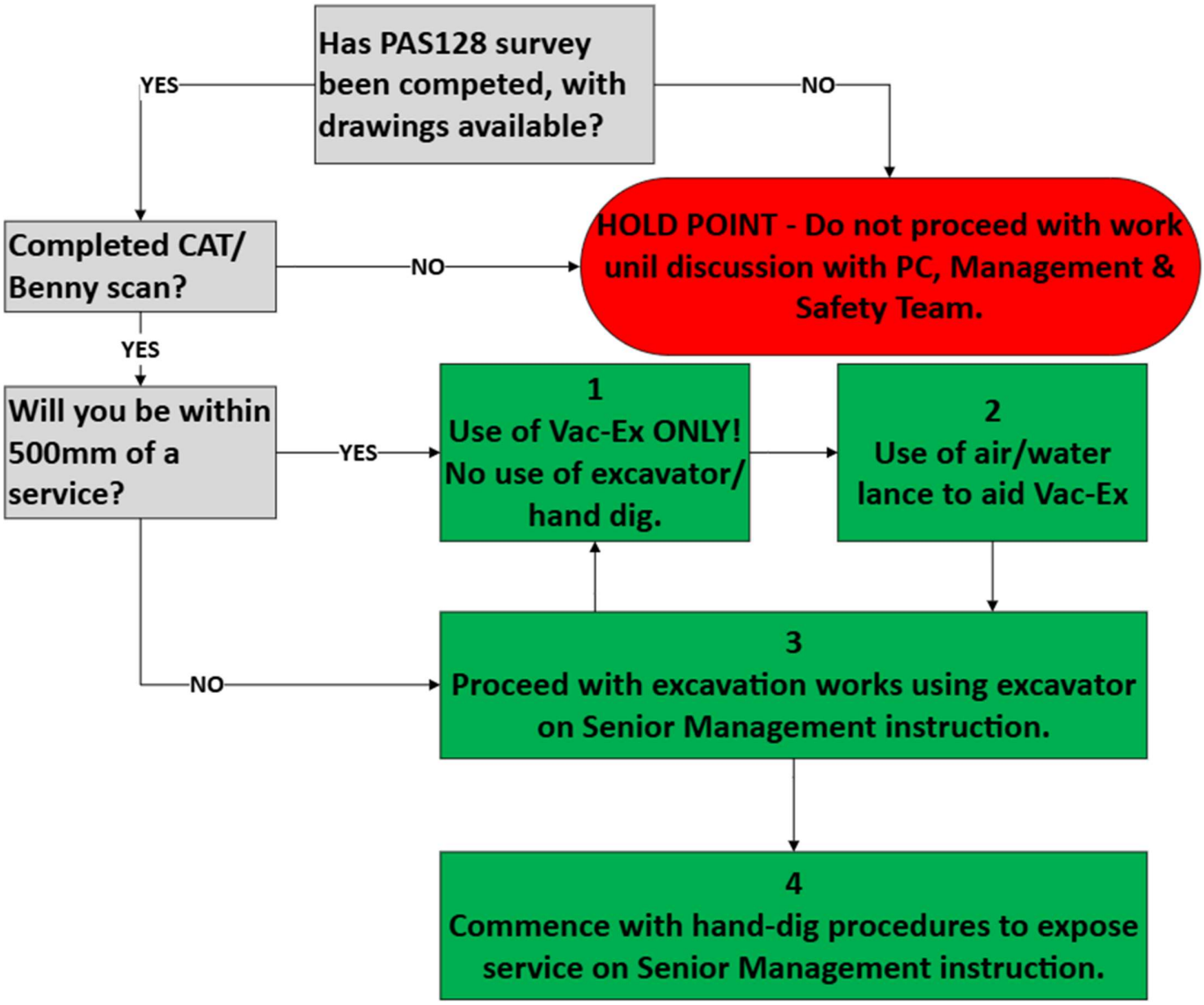
- When using vibrating equipment, operatives will ensure that they have understood the relevant HAVS assessment for the plant to be used.
- The HAVS assessment will detail what the maximum amount of time that an operative can use a certain item of equipment before the exposure limits are reached.

- In order to minimise the effects of vibration, operatives will ensure that they alternate the use of the vibrating equipment between themselves to make sure that no one individual is exposed to excessive levels of vibration.
- The HAVS assessment will also detail the appropriate PPE that must be worn when using the item of plant/equipment (e.g., heavy gloves, safety boots etc.) and also the correct operational procedures that should be followed (e.g. taking frequent breaks and not smoking as it affects blood circulation, increasing the risk of suffering from the effects of vibration etc.).

16.9.4 Construction dust

Silica dust will be generated when working in construction, specifically respirable crystalline silica (RCS). This is a fine dust generated from materials like rock, sand, and concrete, and can pose serious health risks if inhaled. Prolonged exposure can lead to silicosis, a lung disease, and potentially increase the risk of lung cancer and other respiratory illnesses.

- Assessment of workload to determine those activities that may generate dust/Fume
- COSHH data sheets checked for those materials producing dust and fumes, any toxic material identified followed by an assessment to establish, who is exposed, what the exposure risk is and where the work shall be completed.
- Dust emissions to be minimised and/or contained to boundaries of the construction site, e.g. re-specifying work to eliminate or reduce dust hazards by either;
  - Dampening work before or during mixing and any sanding down of floor areas.
  - Dust suppression to be used on equipment where possible.
- All disposable dust masks to be FFP3 type (minimum)
- All operatives wearing or having the need to wear disposable masks must be face fit tested.


Has PAS128 survey been competed, with drawings available?
YES
NO
Completed CAT/ Benny scan?
NO
HOLD POINT - Do not proceed with work unil discussion with PC, Management & Safety Team.
YES
Will you be within 500mm of a service?
YES
1
Use of Vac-Ex ONLY! No use of excavator/ hand dig.
2
Use of air/water lance to aid Vac-Ex
NO
3
Proceed with excavation works using excavator on Senior Management instruction.
4
Commence with hand-dig procedures to expose service on Senior Management instruction.

HH CONSTRUCTION (GROUNDWORK CONTRACTORS) LIMITED
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Nature of Work	Installation of drainage. Breaking into a live sewer/manhole. Installing a new connection. Making good the manhole.	**Ref No.**	HHRAMS 31	**Contract No.**	HH592
Client/Address	Aldi/Projekt - Aldi Whitehaven, Preston Road, CA28	**Review Date**	Prior to work commencing, then in line with any significant changes.		
Contract Manager	Paul Handforth	**Contact Number**	07539 268537		
Site Manager		**Contact Number**			

Persons at Risk	Employed ✓	Other Workers ✓	Clients Employees ✓	Members of Public	Vulnerable Persons

Personal Protective Equipment (PPE) Required (*Please*✓)

							*Other*	*Other*
Hardhat *BS EN 397*	*Hi-Vis* *BS EN 471-2*	*Footwear* *BS EN345-1*	*Gloves* *BS EN 388*	*Glasses* *BS EN 166 A*	*Hearing* *BS EN 352-1*	*Respiratory* *EN149 FFP3*	*Waterproof overalls*	
MANDATORY	**MANDATORY**	**MANDATORY**	✓	✓			✓	

Likelihood

Severity		not possible	remote	possible	probable	inevitable
		1	2	3	4	5
superficial	1	1	2	3	4	5
minor	2	2	4	6	8	10
moderate	3	3	6	**9**	12	15
major	4	4	8	12	16	20
fatal	5	5	10	15	20	25

Low Risk	Tolerable Level
Medium Risk	Frequent Monitoring Required
High Risk	Unacceptable – Further Measures Required

Hazards	Those at risk	Risk Rating before Controls		Control Measures	Risk Rating After Controls	
		Likelihood	Severity		Likelihood	Severity
Use of Excavator striking other machinery, structures or individuals.	All site personal.	3	5 15	• Plant operators must be trained to national plant standards (CPCS/NPORS). • They must ensure that they constantly check their surroundings and ensure that the plant they are using has been inspected and is safe for use. • The speed must be kept to a minimum at all times and any site speed limits adhered to, this can be achieved by keeping machine at low revs/gears. • Keys must never be left in plant when unattended. • All operatives to adhere to machine exclusion zones and ensure not to encroach within a machines working radius. Minimum 3mtr exclusion zone. • Ensure that all hand signals are agreed, with reference to BS7121, before operations commence. • Implement use of radio communications where practicable, keeping marshal away from immediate area. • Keep minimum of 500mm clearance between machine and any structure. • Implement visible barriers between machine route and any structure as a visual aid for operator.	1	5 5
Quick-hitch when changing attachments and manoeuvring around site.	All site personnel	4	4 16	• All quick-hitch attachments, and the lifting eye, are regularly inspected as part of the vehicle maintenance checks as well as in line with regulations. • Machine operators should change attachments in safe areas and then test the quick hitch before commencing any work to see that it has hitched correctly. • All attachments should be crowned (facing the machine cab) when the machine is travelling around site so as not to strike/injury other site operatives.	1	4 4

Gaining **access to and egress** from the excavator cab.	Machine operative.	3	3	• The cab must be positioned so that it is parallel with the excavators tracks • The dedicated handrails and footsteps must be used and must be kept clear of debris, mud and other loose material • The person must enter and leave the cab facing towards the cab (never have your back towards the cab).	3	2
		9			6	

Excavations
Plant falling into excavations; trapping or crushing – potential for damage to plant or serious injury or death.
	Operative. Persons in immediate area.	5	5	• Operators should be aware of their surroundings and should familiarise themselves with the site.
				• Operators should be aware of any excavations occurring in their areas.
				• Where necessary, stop blocks and barriers shall be used to guard the edges of excavations.
				• Ensure excavation barriers are implemented 2mtr away from the edge of the excavation:
				  ○ Steel pedestrian barriers 0 working hours.
				  ○ Double clipped heras fencing – evenings/overnight.
				• Where excavations are open on highways or traffic/pedestrian routes, steel crossing plates rated for the right weight must be used.
					1	5

		25			5	

Use of Dumper around site where other work is underway.	Operative. All site personal.	5	5	25	• Ensure ROPS is in place when operating dumpers to prevent machine rolling completely. • Seatbelts must be worn by operators at **ALL** times when operating the dumper. • Dumper operator must walk the route prior to manoeuvring to ensure hazards are clear. • The route should be kept clear of people, equipment, and materials whilst the dumper passes through. • The dumper should be under the guidance of a banksman when passing through congested parts of the site and when off-loading into excavations • When operating on stockpiles, the dumper must not be used outside the manufacturers guidance whilst on slopes. • When tipping over stockpiles/excavations, stop blocks must be used more than 1mtr away from the edge so as not to surcharge the angle of repose.	1	5	5

Buried Services when carrying out excavation works.	Those carrying out the works	4	5	20	• A permit to dig must be issued by the main contractor before works commence. All those involved in the works must be present when the PTD is issued and sign the permit • A pre-Use Inspection of Cable Detecting Equipment must be carried out in order to check for any damage or defect, any found should be reported to the site supervisor and the item not used until and a replacement issued. • Cable Detecting Equipment must have an up-to-date Calibration Certificate which should be checked before use, the CAT should also be checked on a live service to ensure it works correctly • Picks, Wrecking Bars etc must NOT be used when Hand Digging, only Shovels or Grafts are to be used, these must have insulated handles. • Service Drawings must be obtained when the permit to dig is issued, these should be used only as a guide and not reliable upon as accurate information • Cable Detecting Equipment must only be used by competent persons. If in doubt as to how the equipment works ASK! • Where necessary the Service provider must be contacted, and the service disconnected if possible • Hand Digging must be carried out with care (always dig as though a Service is there) • Scanning must be carried out regularly as the excavation works take place whether it is hand digging or mechanical digging	1	5	5

Fuel Spillage Contamination of the ground, also the possibility of fuel entering drains or water courses. Potential for fire/explosions from vapours within drainage systems.	All those on site. The environment.	4 | 5 20	• All fuel tanks must be bunded. • Any fuel containers (drums, cans etc.) must be appropriate for fuel storage and must be kept in a properly bunded area or in drip trays. The bund must be large enough to store the contents of the largest container present. • Any spillage must be contained immediately using the spill kits that will be present in all refuelling areas. • Any contaminated soil or spillage containment material (granules, sand, absorbents etc.) must be treated as hazardous waste and should be disposed of in accordance with the environmental procedures set out by the principal contractor and the local and national regulations. • In the event that any fuel enters the drainage system, or any water courses, then appropriate authorities (Environment Agency, local authority, water company etc.) must be informed immediately. • The principal contractor will designate refuelling area on site. This will be surrounded by the appropriate barriers. • A small bunded area should be formed in front of the fuel tanks to contain any drips or spills from the nozzles of the tank hoses. If this is not possible, then a drip tray should be set up in front of the tank.	1 | 5 5
Noise	Those within the work area	5 | 4 20	• Ear defenders must be worn by all those within the work area who are affected by the noise • The wearer must ensure that the defenders are inspected before use and that any damaged items are not worn • The defenders must also be fitted correctly to ensure adequate hearing protection is achieved	2 | 4 8
Dust. Inhalation of hazardous airborne particles.	Operatives Others in immediate area	5 | 4 20	• Ensure operatives are face fit tested and wearing appropriate R.P.E if dust cannot be controlled by other means. • Prevent dust from entering cabbed machines by closing windows/doors and using maintained HVAC system. • Dampen down ground where practicable, ensuring dust cannot be kicked up in initial instance.	2 | 4 8

Vibration Operating Tools and Equipment which emits Vibration	Operator	5	4	20	• A HAV assessment will be compiled for all Tools & Equipment which produces Vibration levels above the EAV 2.5m/s2 • Any person suffering from any affects related to HAVS must report this to their supervisor. That person will then be given tasks which do not involve the use of Vibrating Tools / Equipment • All workers must read the relevant HAV assessment for the Tool Equipment they are to use. • They must ensure that the ELV 5.0m/s2 is not exceeded within a 8hour period • The Site Supervisor will monitor exposure levels for each worker compile a daily record of exposure. • The Hands must be dry and warmed before using any vibrating Tools / Equipment, Gloves must be worn at all times in order to keep the Hands warm as this helps circulation. • Regular breaks must be taken in order to keep the Hands warm and to enable a good Blood circulation to be maintained.	2	4	8
Manual Handling of various equipment on site.	Those carrying out the work	5	4	20	• Wherever possible mechanical equipment should be used to place the materials as close to the work area as possible to reduce the carrying distances • Where materials are lifted manually then this should be number with more than one person in order to reduce the weight of the load carried by each person • A good lifting technique should be adopted i.e. keep the back straight, bend the knees, take a firm grip and use the leg muscles to lift the load • Gloves should be worn at all times to protect the hands from splinters, cuts, and abrasions	1	4	4

Using a Stihl Saw (noise, vibration, flying particles, fumes	User and others within the area	4	5	20	• The correct type of PPE must be worn at all times i.e. Safety goggles, ear defenders, deposable mask (FFP3) & gloves • Use dust suppression where high levels of dust are generated, i.e. cutting clay pipes. • Where possible a designated area should be used for cutting • Other persons in the area should be warned of the hazards and asked to move away from the area while cutting takes place • The saw should be used in a well-ventilated area to prevent the build-up of fumes • The person cutting the steel must ensure that the material is not ejected in to the path of other workers	2	5	10
Using the wrong type or damaged abrasive wheel	User and others within the area	4	5	20	• Only trained persons should select and fit an abrasive wheel • The wheel must be appropriate for the material being cut • The wheel must be checked for damage, defect and contamination which if found the wheel should be destroyed and disposed of immediately • Once a wheel is fitted it should be run at full speed of the tool for 1 minute and then re-checked	2	5	10
Working with wet concrete	User	3	4	12	• There should be no exposed areas of skin • Nitrile gloves & safety glasses must be worn at all times • If any clothing becomes contaminated it must be removed immediately • Any concrete coming into contact with the skin must be washed immediately	2	4	8

Nature of Work	Low risk Confined Space Work	**Ref No.**	HHRAMS 62a	**Contract No.**	HH

No.	Hazard	Risk	S	L	Risk Score	Minimise Risk By	Residual Risk
1.	Client process.	Asphyxiation Major injury Entrapment Crush injury	4	2	8	Supervisor must establish what hazards are associated with the workspace from the process. Comply with all requirements and conditions of the permit to work issued by the client. Ensure consideration of mechanical and electrical isolations. Comply with confined space working procedure. Ensure effective means are available to ensure emergency evacuation.	4
2.	Fire or explosion.	Fatality Major injury Burns	4	3	12	Protection from the process by following the client permit conditions. . Prohibit the use of internal combustion engines inside the space. Ensure debris and waste materials are cleaned up regularly. Provision and use of constant gas monitoring. Ensure all personnel understand the alarm and the emergency action required. Provision of standby man to follow specific duties.	4
3.	Toxic gases, fumes or vapours.	Asphyxiation Fatality Major injury	4	3	12	Protection from the process by following the client permit conditions. Supervisor must ensure pre-work atmospheric tests are complete and recorded on the permit and that constant gas monitoring is provided and maintained. Where necessary ensure operational and emergency equipment is in place. Provision of standby man to follow specific duties. Supervision to ensure all safety procedures are in place including arrangements for emergency situations.	4
4.	Deficiency of oxygen.	Asphyxiation Fatality Major injury	4	2	8	Protection from the process by following the client permit conditions. Supervisor must ensure pre-work atmospheric tests are complete and recorded on the permit and that constant gas monitoring is provided and maintained. Ensure all personnel understand the emergency action required. Where necessary ensure operational and emergency equipment is in place.	4
5.	Drowning.	Asphyxiation Fatality Major injury	4	2	8	Protection from the process by following the client permit conditions. Provision of effective specific emergency arrangements. Evacuate the work area immediately if any concerns or problems arise. Notify the Supervisor immediately following evacuation. Provision of a standby man to follow specific duties.	4
6.	Free flowing solids.	Fatality Major injury	4	2	8	Protection from the process by following client permit conditions. Provision of effective specific emergency arrangements. Evacuate the work area immediately if any concerns or problems arise. Notify the Supervisor immediately following evacuation. Provision of a standby man to follow specific duties.	4

THIS RISK ASSESSMENT WAS PREPARED BY			
Name	**Position**	**Signature**	**Date**
Alex Craig CertIOSH MIIRSM	H&S Manager		09/05/2025

MANAGER / SUPERVISOR INCHARGE OF WORKS			
I confirm that I have read and understand the requirements of this method statement and associated risk assessments (as highlighted on first page) and have communicated them to operatives under my control and to others who may be affected by its requirements. *Note: it is important that you test the operatives' understanding and confirm that they have read and understood the method statement and risk assessments.*			
Name	**Position**	**Signature**	**Date**

OPERATIVES/WORKFORCE UNDERTAKING WORKS			
I understand and will agree to adhere to the contents of this method statement and the associated risk assessments (as highlighted by the supervisor). I have attended a site induction/briefing that explained the general site rules and necessary site-specific arrangements. *Note: if you have any doubt about information given or contained in this method statement, ask for clarification.*			
Name	**Position**	**Signature**	**Date**