

## Cumbria County Council Planning Application

### **Applicant(s):**

- Craig Levens
- Steven McBride

### **Address:**

Strength Cartel Gym  
Unit 5 - Egremont, Cumbria

### **Date:**

01/08/2024

### **Subject:**

Application for the Opening of Large Shutter Doors during Hot Weather

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To Whom It May Concern:

We are writing to formally request the following:

<b>Variation of Condition 5 (Roller Shutter Doors) of Planning Approval 4/20/2387/0f1 - 'Change Of Use From Bus Garage &amp; Workshop To Gym'</b>
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We are requesting a change planning permission to open the two large shutter doors at our gym during periods of hot weather. The metal structure of our building significantly increases the internal temperature, making it uncomfortable and potentially unsafe for our members during training sessions. Allowing us to open the doors to a height of approximately 2m (approx. 7 feet) will improve ventilation and create a more pleasant training environment.

### **Details of Request:**

- The doors will not be opened before 9:00 AM daily.
- The doors will be closed by 7:00 PM daily.
- The doors will not be operated by the public and will be managed solely by staff.
- Music will be off when the shutter doors are open.

#### **NOTE:**

The specific days and times the doors will be open cannot be predetermined as it depends on internal building heat conditions.

### **Noise Mitigation Measures:**

We are aware of Environmental Health's concerns regarding noise levels and have implemented several measures to address these issues:

#### **1. Noise Reduction in Training Areas:**

- 18mm Rubber Flooring: This flooring is designed to dissipate noise when weights are dropped.
- Rubberized Plates: Used on squat racks to further reduce noise due to their texture.
- Pin-Loaded Machines: These machines produce minimal noise as weights are not dropped due to their design.
- Cardio Equipment Location: Placed in the back corner of the gym, away from the doors, to minimize any noise reaching outside.

#### **2. Music Volume Control:**

- Tapo Devices: Installed throughout the gym for remote control of electrical items, including the music system. These devices have timer settings synchronized with our operational hours to ensure music is off outside these times. Only I (Craig Levens) and my partner (Steven McBride) have access to these controls.
- DBX Sound Processor: Locked in a box with pre-set audio parameters that only I and Steven McBride can adjust. The volume control on the mixer, located at the staff desk, is strictly monitored, with staff instructed not to alter the music level.
- \*Regular Noise Checks: Conducted by our gym manager, Suzanne, at predetermined positions around the outer building to ensure compliance with acceptable noise levels, despite not having an official operating level from Environmental Health.

We believe these measures effectively address any potential noise concerns, allowing us to provide a safe and comfortable environment for our members without disturbing the local community.

***Conclusion:***

We kindly request approval for this application to open the shutter doors during hot weather, which will significantly improve the training conditions within our facility. We are committed to adhering to all noise mitigation strategies and are open to further discussions or providing additional information as required.

Thank you for your consideration.

Yours sincerely,

Craig Levens  
Steven McBride

**Attachments:**

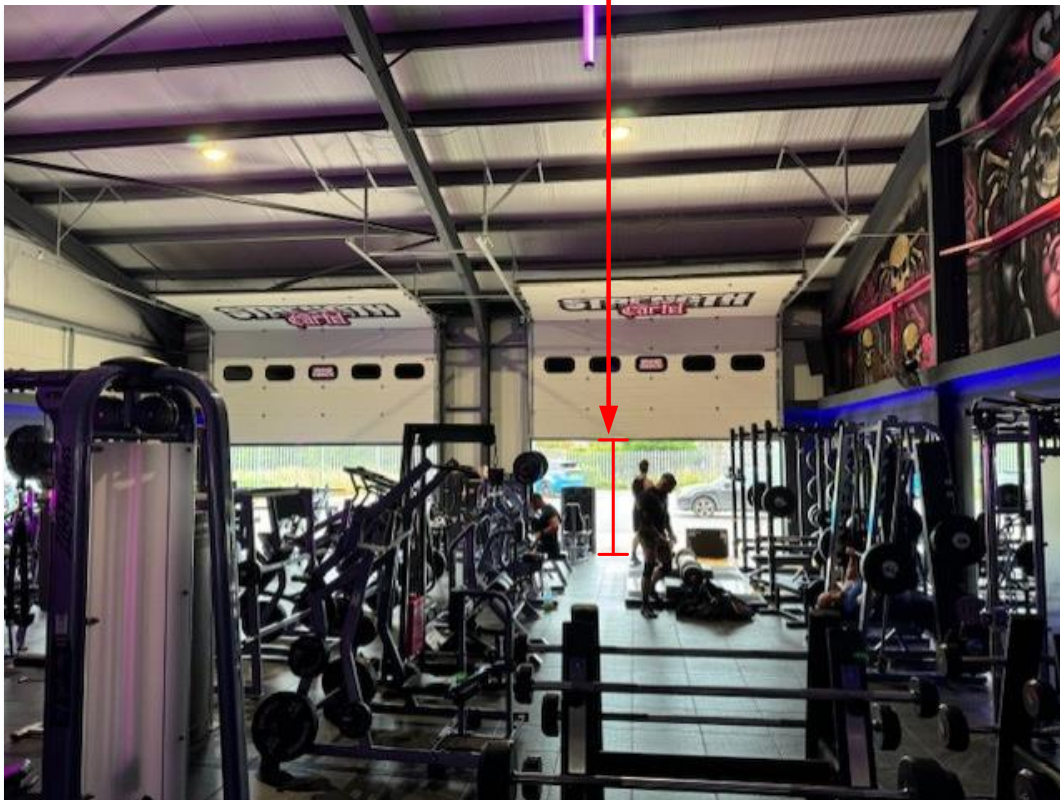
Diagram(s) / Photographs of the gym structure and shutter doors

Doors are fully insulated

Building is a metal structure built around breeze block interior walls. We have also plaster boarded the interior of the gym. It doesn't dissipate heat well and there is no current air flow with all the doors being shut

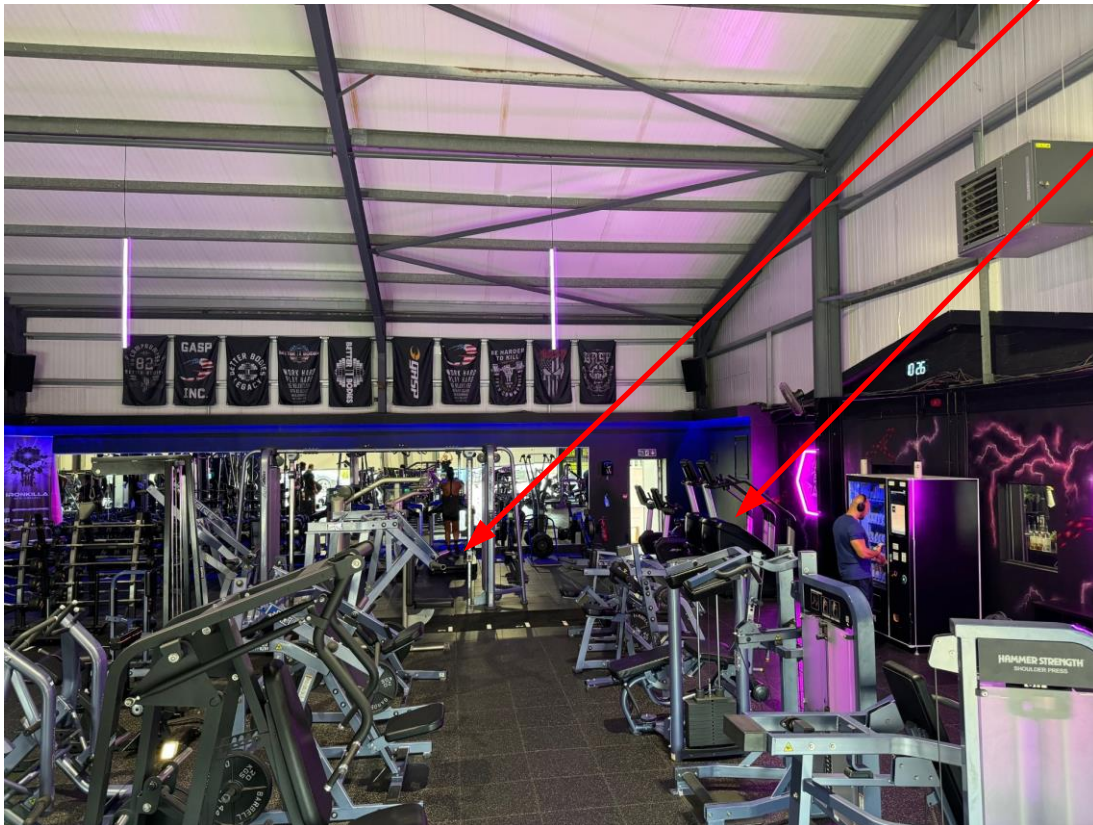


Open Door height  
Approx. 8 – 10ft



Cardio position inside the gym:

Cardio position when looking from the front of the gym



#### Details of the Tapo devices and their implementation

These are plugged into the audio system, the fans and lighting to allow total remote control, handled only by Steven and myself

Tapo devices are a Bluetooth hub to allow remote control of the plugged in device





\*Noise checks are carried out using this equipment:



**NOTE:**

We have measured consistently and our findings are we do not exceed a 65Db noise level.

**Db Level chart (for reference):**

