

# WESTLAKES DEMOLITION LTD

Job Ref: De4018		Commencement Date 27/09/24		
Site: John paul jones, Whitehaven CA28 7EN				
Prepared by: Kyle Barlow		Date: 27.09.2024		
ISSUE STATUS	Issue One	Issue Two	Issue Three	Issue Four
LIVE	27.09.2024			
ALL WLD PERSONNEL MUST RECEIVE INDUCTION RELATING TO THIS DOCUMENT BEFORE STARTING WORK				



# Think Safety- Act Safely



Method statement completed by Mr Kyle Barlow – Demolition Manager on behalf of Westlakes demolition and in turn will be issued and accepted by the designated site supervisor:

## Demolition Manager

k.barlow

Kyle Barlow

27.09.24

Signature

Name

Date \_\_\_\_\_

## Site Supervisor

Signature

Name

Date \_\_\_\_\_

### **Contents:**

## Section 1 Contract Details

## Section 2 Site Set Up

<b>Section 3</b>	Segregation of the Work Area
<b>Section 4</b>	Barriers and Warning Notices
<b>Section 5</b>	Process Of works
<b>Section 6</b>	Respiratory Protective Equipment
<b>Section 7</b>	Personal Protective Equipment
<b>Section 8</b>	Waste Handling and Disposal
<b>Section 9</b>	Cleaning Procedure
<b>Section 10</b>	Assessment of Other Risks
<b>Section 11</b>	Site Management
<b>Section 12</b>	Arrangements for Changing the Working Method and this Plan of Work
<b>Section 13</b>	Contact Names and Telephone Numbers
<b>Section 14</b>	Signatures

#### **Data Protection Statement**

The information and data provided herein shall not be duplicated, disclosed or disseminated by the recipient in whole or in part for any purpose whatsoever without the prior written permission from the author

#### **1. Contract Details:**

Demolition of a former two storey building

**Name and address of client:**

**Client Contact:**

BEC –Bill Graham

Commercial Manager – N/A

Telephone -

## **CDM Information**

**Does CDM Apply:** Yes

**Name of Principle Contractor:** West lakes demolition ltd

**Name of Principal Designer:** N/A

### **Description of work:**

Hand and mechanical demolition of two storey building

### **Preparation**

- Submit RAMS to Client For approval.
- Submit insurances and qualifications
- Obtain new and correct ppe

### **Hours of work:**

08.00am to 17.00pm by agreement in areas not cover

### **Weekend works**

N/A

## **2. Site Set Up**

West lakes demolition induction will be on THURSDAY at 08.00 Anyone arriving after this time will be turned away. On arrival at site the demolition manager will arrange inductions this will cover traffic movement, fire alarms / procedures and site specific first aid arrangements. Trade specific CSCS cards etc will be presented for inspection at this point, they will then instruct the operatives on site layout including welfare facilities. Any operatives arriving on site without CSCS card, PASMA, IPAF or any other recognised card/ proof of training will be excluded from sitting the induction and will be refused access to site. Cards must be fully applied for West lakes demolition will not search for proof of test or first part paperwork dates. Entry will be revoked until cards are proven

Supervisor to have a minimum of SSSTS training and evidence made available prior to starting on site. COPIES OF IN DATE ASBESTOS AWARENESS RECOGNISED TRAINING REQUIRED BY ALL OPERATIVES EMPLOYED TO WORK ON THIS SITE.

**WLD** supervisor will attend the daily Start Right meetings at 17.00hrs to discuss the next day's planed works.

**WLD** supervisor will carry out site specific toolbox talks daily.

- Issue plant returns weekly
- Stop go cards are required weekly 2 per worker/per week

All Site facilities and services will be provided and will include:

- Canteen area
- Toilet Block
- Hot and cold running water with drying facilities
- Drying room
- Drinking water

All employees must tidy up after themselves daily.

- Empty dry room weekly for cleaning all rubbish/ old PPE& belongings will be removed
- Empty fridges and storage locations weekly

### **3. Segregation of work area**

Free and clear access is to be maintained in all walkways and site access locations throughout the works. NO MATERIALS WILL BE LEFT AGAINSED UP ON WALLS

W/L will oversee the site hoarding/fencing to the perimeter of the site.

WLD Supervisor must check the asbestos survey and instruct operatives of any potential areas that may contain asbestos. We should remain cautious while working and report any suspect material to site management.

Localised signage must be displayed, at all times , indicating waste transit routed for operatives to follow during removal works all skips must be labelled and a full waste management strategy produced to cover the duty of care and transport to a licenced transfer station all transfer notes controlled and presented weekly

### **4. Barriers and Warning Notices**

General warning signs (“**No Access**”) shall be displayed to the entrances to any areas of the area which is not to be accessed or is deemed dangerous. The warnings on these signs shall be adhered to by all persons on the site, including any visitors.

‘Danger demolition – KEEP OUT’ signs should also be used at all times.

A signing in procedure required and means of communication provided



### Site Access

- The Site Management Contact details will be available at the site entrance.
- All personnel including visitors arriving on site are required to sign in and off site, the only exception to this are emergency personnel. See above

### Traffic Management

- All transports arriving on site will be logged on and off site.
- All vehicles or mobile plant **MUST** have a banksman with them when moving around the site.
- Pedestrians must keep to the Pedestrian routes/walkways when going about the site.
- All traffic on site must comply with the one-way system in place
- Qualified banks person required for all reversing and plant management

### The main hazards to your safety and health are

- a) Falling from height.
- b) Fire (**Hot works permit to be issued prior starting any cutting or grinding**)
- c) Injury from incorrect manual handling. Toolbox talks to be undertaken
- d) Injury from slips trips and falls. Regular toolbox talks and site kept tidy at all times
- e) Disease from standing/stagnant water.
- f) Disease from handling waste.
- g) Injury from the incorrect actions of other contractors on site.
- h) Broken glass must be collected with the correct PPE and anti-cut safety gear.
- i) **Risk of uncovering further asbestos- if this occurs or is suspected at any time stop all work, cordon off the area and inform Site Management immediately**

### Plant / Equipment

- All plant/Equipment entering site must have in date test certificates
- All plant/Equipment must be inspected daily and inspection sheets up to date and forwarded to Wates weekly
- All operatives must be appropriately trained for any plant/equipment they will be using and all plant operators to have an in date medical
- **Aluminium towers must be used as the wates hierarchy of control noted in the RA along with podium steps and Peko lifters**
- All mains power tools to be 110 Volt including lighting
- Hand tools
- All power tools will be PAT tested and certs will be kept in the site file and visible on equipment
- Water sprayers will only be used as a last form of suppression & Filtered hoovers (M or H filters) will be used to collect dust. All dust will be collected at source with propitiatory units [ no taping up pipes to tools will be allowed]

- No Ladders or hop-ups will be used on site with out a permit see the control measures in the risk assessment
- NO BRUSHING UP ON SITE HOOVERS WITH M or H filters to be used


## **5. Method of Removal works**

**All isolations to be arranged prior to Demolition Works Start. No works to live services to commence until isolations have been confirmed. Isolations must be proven, and a certificate issued and stored on file**

- Checks to be carried out by qualified personnel to ensure all mains electric circuits and gas have been decommissioned.
- **Roof and 1<sup>st</sup> floor Removal**, scaffolding to be erected by a third party company around the full perimeter of the building thus enabling the whole roof structure and 1<sup>st</sup> floor ceilings, internal and external walls then floors to be removed by hand demolition only to prevent demolition materials reaching the surrounding street and to also maintain the structural integrity of the sandstone building next door.
- **Groundfloor demolition**, The ground floor structure is to be demolished using a 13tonne excavator with a selector grab to demolish and load waiting wagons with demolish rubble nearby
- **See RA on Havs and Dust**
- **Rubble Disposal** previously bricked up live electrics are to be exposed by removing the bricked up structure and laying a new concrete pad around the mains electrics thus enabling operatives to build a new wall around the electric boxes and place on maintenance doors and a wooden felted roof to prevent water damage, once the structure is built operatives are then to dig a new deeper ditch to bury the live cables to regulation depths and cover with sand, warning tape and then type 1 stone







## **6. Respiratory protective equipment**

In accordance with our assessment of risk from dust particulate, our operatives will use the following RPE:

<p><b><u>During asbestos removal works:</u></b></p>	 <p>½ Mask respirator containing FFP3 type particulate filter or FFP3 mask- <b>these need to be face fitted and of the correct type also the operative needs to be clean shaven at all times.</b></p>
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All our non-disposable respirators are subject to regular maintenance, including daily inspections before been worn. They have thorough examinations at predetermined intervals by a competent person.

## **7. Personal protective equipment**

<p><b><u>Hard Hat</u></b></p>  <p>PPE supplied conforms to EN 397</p>	<p><b><u>High Viz Vests</u></b></p>  <p>PPE supplied Conforms to EN471</p> <p>No bare skin- sleeves may not be hi vis, but arms must be covered</p>
<p><b><u>Gloves</u></b></p>  <p>PPE supplied conforms to EN 388</p> <p>Anti cut gloves must be used task specific</p>	<p><b><u>Steel toe cap general safety boots</u></b></p>  <p>PPE supplied conforms to EN 345 with mid sole protection</p>
<p><b><u>Glasses</u></b></p>  <p>PPE supplied conforms to EN 166.1.F or goggles</p> <p>if the glasses steam up stop work and get the correct protection in place</p>	<p><b><u>Burning equipment (Task specific)</u></b></p>  <p>This is not planned in at this stage</p>

## **8. Waste Handling and Disposal**

Waste will be transported to skips or laydown areas for segregation and recycling  
**Spill kits must be available and fit for purpose, the safe use and compatibility must be demonstrated and recorded**

## **9. Cleaning procedure**

The site is to be kept tidy and transport routes are always to be kept clear. Waste is to be removed from site or to skips as it is generated. Each area should be clear of waste prior to the end of each day & handover.

### **Other Hazardous Substances:**

COSH Records will be kept in the site file

A sharps box should be available on site and managed and disposed of by Westlakes demolition,

Asbestos has been highlighted on site and the surveys must be taken into consideration when carrying out the works and the relevant PPE worn at all times

If further asbestos is found or suspected work must stop in that area cordoned off and Westlakes demolition and Silloth town council made aware of the issue

### **Slips, Trips and fall:**



Adequate emergency lighting will be provided by Main Client. Any cabling from tools to be fixed together and positioned so not to create a hazard and elevated where possible. All areas will be kept clear of all nonessential equipment and rubbish.

**THIS MUST NOT BE MOVED WITH OUT DISCUSSION IN THE START RIGHT MEETINGS**

### **Portable electrical equipment:**



All equipment we use shall be 110v powered, subject to PAT test and will be inspected daily and be in accordance with company procedures labels **must** be visible on all equipment

### **Noise at Work:**





*Lower exposure action level 80db(A)*  
*Upper exposure action level 85db(A)*

A Noise Survey will be carried out, where required, on site by the Site Supervisor/Manager or Nominee to determine suitable hearing protection to be worn.

### **Fire precautions:**



Fire extinguishers will be provided on site throughout the duration of the project along with an audible alarm. All trades will utilise the main contractors muster point, which will be identified during the site induction to ensure each employee engaged in the project is accounted for in the event of an emergency.

If you see or suspect there is a fire go to the nearest fire point raise the alarm. Once you have raised the alarm go to the muster point by following the fire exit signs. Here the site management will do a roll call to account for all personnel. Site management will notify the local authorities if required.

### **11. Site Management**

We will ensure that work is carried out according to this risk assessment / plan of work by employing the following management techniques:

The site supervisor is responsible for the day-to-day work on the site and has the power to stop work if they are of the opinion that there are any especially high or unexpected risks to health and safety. **THEY MUST ATTEND A DAILEY PLAN RIGHT MEETING WITH WATES 2PM DAILY FOR THE NEXT DAY AND 10 AM ON FRIDAYS**

Periodic site visits will be made by our WLD Management or another appointed person. These visits may incorporate an audit which will be recorded.

**A SITE SAFETY VISIT MUST BE PLANNED WEEKLY BY A VISITING MANAGER**

### **12. Arrangements for changing the working methods and this plan of work.**

We are very aware that site conditions can change between the planning and execution of site work, and indeed during work on site. We have therefore an arrangement whereby the **SITE SUPERVISOR OR CONTRACTS MANAGER ONLY** can change the methods of work or the details contained in the plan of work. **IF THIS**

**IS AMENDED BY THE SITE SUPERVISOR THIS MUST HAVE BEEN BROUGHT TO THE ATTENTION OF THE CONTRACTS MANAGER AND ALL WLD WORKFORCE.**

Changes should not be made without such discussion, and this allows amendments to be made to the Plan of Work. IF THE WORK BECOMES UNSAFE OR YOU FEEL THE WORKS WILL ENDANGOUR OTHERS OR MAKE THE BUILDING UNSTABLE STOP WORK AND REPORT TO YOUR SUPERVISOR

<u>Amendment</u>	<u>Reason</u>	<u>Signature</u>

**13. Contact names and telephone numbers.**

**Company – WESTLAKES DEMOLITION**

**Demolition Manager – Kyle Barlow**

**Site Supervisor – N/A**

**Fire, Emergency, Safety - Call 999**

**First Aid**



In the event of an accident on Site, it will be reported immediately to Site Management and the details will be recorded on the accident form within the Site File and phoned through to Head Office. WESTLAKES DEMOLITION MUST BE INFORMED

If the accident is severe, the WLD First Aider will ensure that the Emergency Services are notified immediately, and the casualty receives immediate medical attention.

In the event of the accident being reportable under RIDDOR, the Office will complete F2508 and forward it to the relevant authorities. The WLD accident report will also be completed. IMMEDIATELY AND INFORM WATES

A Qualified First Aider will always be present on Site and the First Aid Facilities will be located in the Site Office. This is line with current Legislation. All accidents will be reported to and investigated at a senior level, by WLD. A First Aid Kit will be kept in the Welfare Unit.

A Map showing the route to the Hospital will also be displayed in the Site Welfare Office.

FIRST AIDER: Kyle Barlow will confirm during site inductions

**West cumberland Hospital**

**Address:** Homewood road  
Hensingham, Whitehaven

**Phone:** 01946 693181

**ALL PERSONS SIGNING BELOW – this is record of task specific induction – by signing below you confirm that:**

- 1. The contents of the Plan of Work have been explained to you or read by you and that you understand the contents and requirements detailed therein**
- 2. You will work in a safe manner as detailed in the Plan of Work**
- 3. If you cannot follow the Plan of Work due to any reason you will advise the Site Supervisor and work with them to review and change the Plan of Work and Risk/COSHH Assessment(s) if appropriate**

**NOTE: Personnel can receive induction into as many Plans of Work as needed but do not start work without receiving induction and 'signing on'**

<b>Employee Name (Print)</b>	<b>Signed</b>	<b>Date</b>

**IMPORTANT NOTE TO SUPERVISORS**

**This document is a record of Site Induction – all personnel on Site and carrying out works detailed within the document MUST receive induction and sign this Confirmation Record**

