

**Construction Traffic Management Plan**

**Change of Use of Building from Class 1 (Office, Education, Workshop) to Class E  
(D) Indoor Sport, Recreation, Fitness.**

**Planning reference 4/23/2331/OF1**

**Location - Unit no.2, Old Prospect Works, Main Street, Distington,  
Workington' Cumbria CA14 5XH**

## **1.0 Introduction**

- 1.1 This CTMP describes the scope of the works and the key activities that will be undertaken.
- 1.2 The existing building comprises an empty warehouse, with internal walls/partitions forming offices. The building is a sheeted roofed building with a mixture of sheeted and solid external wall.
- 1.3 The works (excluding external repairs) are all within the building. This CTMP is to be read alongside the building contractors own Quality, Sustainably and Health and Safety plans.

## **2.0 Programme of the Works**

- 2.1 The Construction period, including fitting out will span between 8 and 10 weeks and will be divided into the following main stages:

On site set up and enabling works.

Removal/adaption of internal non-load bearing walls, within the building.

Preparation of existing floor slab to take artificial grass service.

Internal works to provide alterations and additions to services.

Decoration internally.

Works to site of former office including drainage , surface repairs and external ramp/steps.

## **3.0 Description of the Works**

- 3.1 Repairs and minor replacement works, removal and rebuilding of non-loadbearing walls. Making good all surfaces.  
  
Preparation and repairs to existing concrete floor slab to provide the sub-surface to accept a artificial grass.  
  
Installation of electrical services and fire precautions.
- 3.2 Alterations to drainage and carrying out surface repairs to former office floor slab to provide parking area. Erection of steps and disabled access ramp.
- 3.4 Marking out of car parking areas.

#### **4.0 Public safety**

- 4.1 The site will be externally secured with 'herus' fencing to areas vulnerable to incursion. The building shall maintain the existing sliding access doors and shall, when open be secured with 'herus' fencing. The 'herus' fencing shall only be opened on instruction of the Site Manager and shall be refixed immediately after access has been gained.
- 4.2 The Site Manager shall be responsible for checking and ensuring, on a daily basis, that all road and pedestrian signage and barriers etc are in good order and located in the appropriate locations.
- 4.3 Access to the site will kept locked when the site is vacant.

#### **5.0 Site Access for Deliveries**

- 5.1 Access to the site and building will be from an easterly direction using Main Street in Distington, either from a Northerly or Southerly direction. Vehicles leaving the site will use the same egress route as the access but in reverse.
- 5.2 Delivery vehicles will drive into the access in a forward direction and reverse into the building where all materials for the works will be stored. Vehicles will then exit the building in a forward direction back to the highway entrance. All Delivery Companies will be instructed accordingly.
- 5.3 Contractors vehicles and machinery will be parked and stored within the building and no parking will be allowed on the Public Highway.
- 5.3 All vehicles that will have access to the building will use the existing vehicular junction with the public highway after crossing a public footpath. All vehicles will be directed under the supervision of a trained, qualified and certified banksman.

#### **6.0 Delivery of Materials/Lorry movements.**

- 6.1 Deliveries to the site will be from Distington Main Street as noted in 5.1 above.
- 6.2 It is envisaged that Delivery vehicles will vary from small vans to lorries of up to 20 tonne. Vehicle movements will be carried out in accordance with 5.2 above.
- 6.2 All vehicle movements within the access/egress to the building as well as within the building will be directed under the supervision of a trained, qualified and certified banksman.

**6.3** All vehicles leaving the site carrying waste or loose materials will have loads securely fixed and sheeted to prevent any materials from being dropped on to public footpaths or highways.

**7.0 Removal of Materials/Spoil from the Site.**

**7.1** Excess materials and spoil arising from the works will be removed and taken to a fully licenced tip. Any Asbestos found shall be removed and disposed of by a suitably qualified contractor.

**8.0 Storage of Plant and Materials.**

**8.01** All materials shall be stored within the building in a contained and identified area.

**8.02** All Plant to be stored within the building in a contained and identified area.

**9.0 Wheel Washing**

**9.01** From the commencement on site and to the completion of all works, wheel washing shall be carried out in conjunction with the adjacent business (Tyson H Burrige Ltd) using their equipment and wash area. This is to prevent any waste material adhered to the wheels of all vehicles from being deposited on the Highway.

**9.02** Site staff will be responsible for ensuring that only clean vehicles are allowed to re-entre the public highway and that the public highway is regularly inspected and kept clean of all detritus matter.

**9.03** A road brush will be kept on site and will be regularly used by site staff to clean the onsite road.

**9.04** In event of any material deposits being deposited on to the public highway the Site Manager shall arrange for a road sweeper to remove such contamination immediately.

**10.0 Measures to control water pollution.**

10.1 The nearest watercourse is some 30 metres to the South West of the works.

Surface Water drains serving the removal of the water from the building are on the site and the Site Manager shall insure that no dust, dirt or waste materials enter this drainage system. During the exchanging of gullies adjacent to the front on the North side, the existing drain shall be carried out to ensure that cement or other materials do not enter the pipework.

**11.0 Measures to Control Noise and the Emissions of Dust and Dirt from the site.**

11.1 The following measures will be put in place to control the environmental effects of the construction process

All masonry cutting shall be carried out within the building and be water suppressed.

Mechanical cut off saws to have dust collection or extract systems.

Material stockpiles liable to dust to be sprayed with water and stored within the building.

Any mixing of concrete or mortar to be carried out in contained areas within the building.

Adequate noise controls are to be put in place to control noise sensitive activities and equipment from disturbing local residents

**12.0 Management of the site.**

12.1 A Site Manager shall be appointed prior to commencement of the works, who will be responsible for the day to day running of the site. If for any reason the Site manager is absent, a suitably qualified person will be appointed to cover his absence. Appropriately worded notices will be posted around the site in case of emergencies or enquiries.

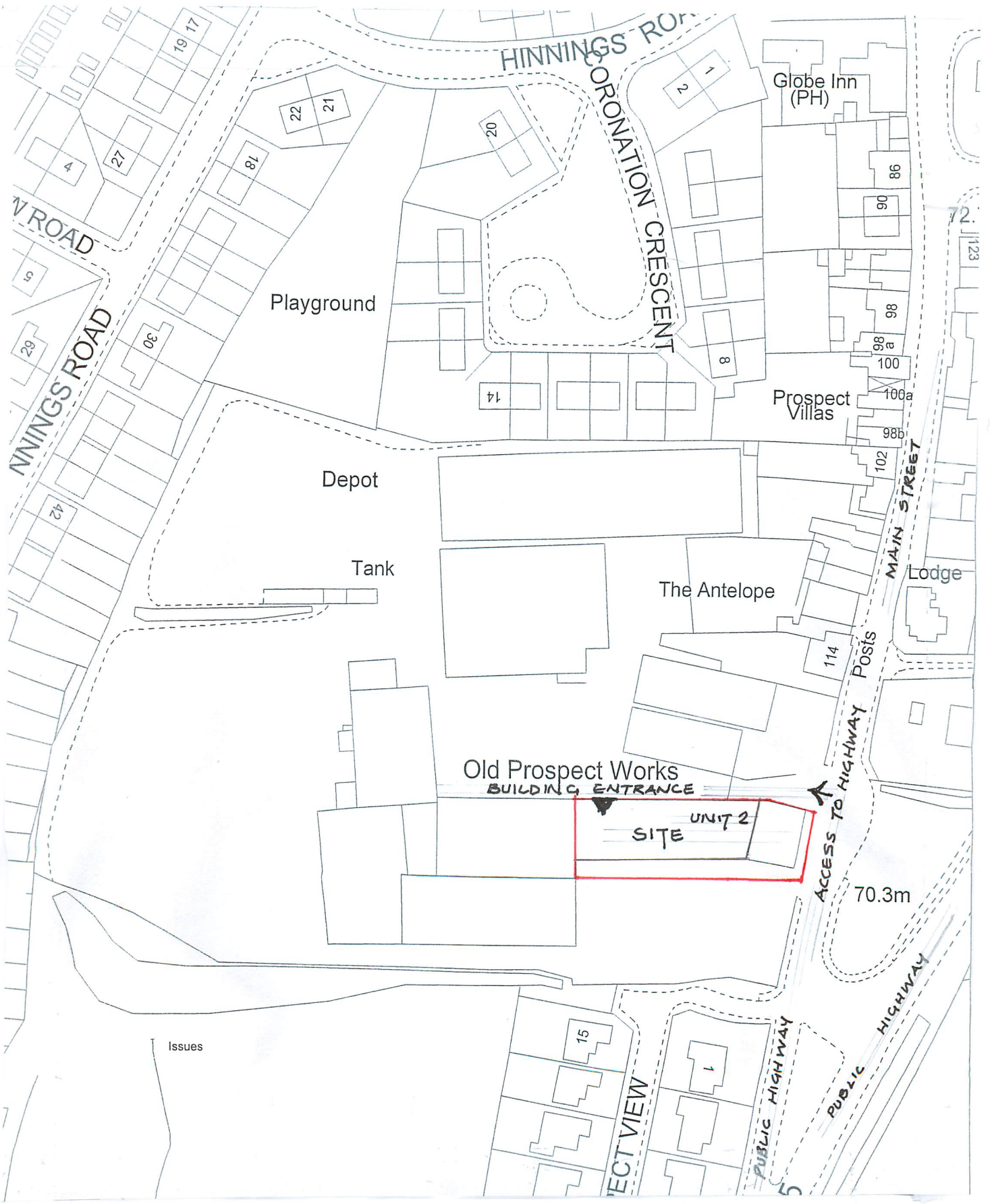
**12.2** Prior to commencement a meeting is to be held with Cumberland Council Highways section to identify the condition of the public highway and public footpaths. Agreement shall be made to identify any faults or damage prior to commencement of the works.

**12.3** Site visits by external consultants or other interested persons shall be accompanied by the Site Manager.

### **13.0 Working Hours**

**13.1** Site working hours shall be as follows:

<b>Monday to Friday</b>	<b>8.00 am to 5.00pm</b>
<b>Saturdays</b>	<b>9.00 am to 4.00pm</b>
<b>Sundays</b>	<b>Site closed.</b>



SITE LOCATION PLAN Scale 1/1250

