

Winter Support Sessions Times and Attendees

Tuesday February 8

10am-12pm

Copeland Borough Council Social Prescribing team, Age UK, BID Cumbria, Every Life Matters

1-3pm

Citizens Advice, Copeland Borough Council Social Prescribing team, Age UK, PEC, Every Life Matters, Cold to Cosy

Thursday February 10

10am-12pm

CAAS, The Credit Union, West Cumbria Carers, Cold to Cosy, Community learning and skills, Copeland Borough Council Social Prescribing team

1-3pm

Skills4You, West Cumbria Carers, BID Cumbria, Copeland Borough Council Social Prescribing team

Tuesday February 15

10am-12pm

NHS, Citizens Advice, Always Another Way, Every Life Matters, Copeland Borough Council Social Prescribing team

1-3pm

NHS, Cold to Cosy, PEC, Every Life Matters, Copeland Borough Council Social Prescribing team

Thursday February 17

10am-12pm

CAAS, The Credit Union, NHS, Cold to Cosy, Age UK, Copeland Borough Council Social Prescribing team

1-3pm

Copeland Borough Council Social Prescribing team, NHS, Skills4You, Age UK

Tuesday February 22

10am-12pm

Citizens Advice, Copeland Borough Council Social Prescribing team, Age UK, Community learning and skills

1-3pm

PEC, Age UK, Cold to Cosy, Copeland Borough Council Social Prescribing team

Thursday February 24

10am-12pm

CAAS, The Credit Union, NHS, West Cumbria Carers

1-3pm

BID Cumbria, Cold to Cosy, NHS, West Cumbria Carers, Copeland Borough Council Social Prescribing team