

Things for young people to do in Copeland

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A list of groups and activities for young people across Copeland.

Whitehaven Harbour Youth Project

The Whitehaven Harbour Youth Project (WHYP) has existed since 1995, supporting young people in its community. There is a wide range of activities on offer, but if something is missing the organisation would like to hear from you and they will do their best to make it happen.

Mission statement: "Giving young people opportunities to develop their potential, to understand themselves and others, to enjoy life, and to contribute positively to the world."

Check out the ['about us video'](#) [4] that our young people helped produce.

Opening Hours:

Monday:

5pm-6:30pm: Multi Skills (Primary 7-11yrs) (Free)

6:30pm-8pm: Drop-in Youth Club (Secondary 11-18yrs) (Free)

Tuesday

7pm-9pm: Fusion Youth Group 16-25yrs (£1). Every other week. Booking required.

Wednesday:

4:30pm-6pm: Junior Girls Group 7yrs+ (£2)*

5:15pm-7:15pm: Table Tennis 8yrs+ (£2)*

6:30pm-8:00pm: Senior Girls Club 10yrs+ (Free)*

Thursday:

5pm-6:30pm: Thursday Climbers 8yrs+ (£2)

5pm-7:30pm: Games Group 7yrs+ (£2)*

6:30pm-9pm: Adult Table Tennis (£2)

Friday:

4:30pm-6pm: Friday Climbers 8yrs+ (£2)

6:30pm-9pm: Friday Night Project (Secondary 11-18yrs) (Free)*

(*) These sessions can be very busy. Please contact the office to check availability.

Venue

Whitehaven Harbour Youth Project, 1 Swingpump Lane, Whitehaven, CA28 7LZ

Contact

Phone: 01946 690404

Email: admin@whyp.org.uk [5]

Website: <http://www.whyp.org.uk/> [6]

Facebook: <https://www.facebook.com/harbour.project/notifications/> [7]

Twitter: <https://twitter.com/HarbourYouth> [8]

Young Cumbria

Young Cumbria supports over 100 youth groups across the county as well as delivering a number of busy youth groups and positive activities in Copeland.

Young Cumbria works with young people 11 -10 providing activities and development opportunities for young people in the communities where they live, along with targeted work with those requiring additional support. There is also a mobile provision 'The Big White Van' that serves more rural areas.

Opening hours and venues:

Mondays 6:00 – 8:00pm Thornhill Primary School, Thornhill

Tuesdays 6:30 – 8:00pm St Peters Parish rooms, Woodhouse, Whitehaven

Wednesdays 6:00 - 8.00pm Mirehouse Community Centre, Mirehouse

Thursdays 6:00 – 8:00pm Open Gates, Egremont

Fridays 5:30 – 8:30pm (open to all 11-19), Egremont Rugby Club

Where you can find 'The Big White Van' (Outreach mobile support for all 11-24),

Mondays 5:30 – 8:00pm Sandwith

Tuesdays 5:30 – 8:00pm Moresby

Wednesdays 5:30 – 8:00pm Distington

Thursdays 5:30 – 8:00pm Cleator Moor

Fridays 5:30 – 8:00pm Frizington

Saturdays 5:30 – 8:00pm Castle Park

Contact

01946 599248/ <https://www.youngcumbria.org.uk/> [9]

North Copeland Youth Partnership

North Copeland Youth Partnership works between the villages of Parton Lowca and Moresby. The hub of the partnership in Parton Village Hall which is used as the Youth Centre.

Young people can take part in a range of activities and summer programmes including Art and Craft, music, sports, environmental projects, film, outdoor residentials and cultural trips.

Young people who attend this project can also be actively involved within their community and do regular beach and village cleans, and get involved and develop projects that all ages can become involved with.

Opening Hours

Monday (5pm - 8pm), Tuesday (5pm - 8pm), Thursday (5pm - 8pm), Friday (6pm - 9pm)

Venue

Village Hall, Main Street, Parton, Whitehaven, CA28 6NY

Contact

Valda Young (01946 592166 / valdancyp@aol.com [10])

Phoenix Youth Project

The Phoenix Youth Project works with young people 8 - 19 within Cleator Moor, Frizington, Moor Row and Arlecdon, providing centre based, outreach and detached youth sessions, extra holiday provision, issue based work and informal education.

Young people can take part in youth group sessions, where they can expect loads to be going on and can use their equipment such as pool tables, table football, table tennis, air hockey, computer consoles, karaoke and various board games. They also talk about the issues that maybe affecting young people such as alcohol and drug use, and sexual health as well as offering accreditation such as the Duke of Edinburgh Award and Youth Achievement Awards. This e-mail address is being protected from spam bots, you need JavaScript enabled to view it

Opening Hours

Frizington: Monday (6pm - 9pm), Wednesday (6pm - 9pm), Thursday (6pm - 9pm)

Cleator Moor: Tuesday (6pm - 9pm), Thursday (6pm - 9pm), Friday (6pm - 8pm)

Moor Row: Wednesday (6pm - 9pm)

Venue

Cleator Moor Youth & Community Centre, Birks Road, Cleator Moor, CA25 5HP (office address)

Contact

Paul Rowe (01946) 814555 / www.phoenixyouthproject.co.uk [11]

Shackles Off Youth Project

Shackles Off works with young people 12 - 25 in the village of Seascale with an aim to help young people foster their personal, social and spiritual development and to empower them to make a positive and fuller contribution to the local community and to society.

Young people can take part in drop in sessions to socialise with other young people or if help is needed with CVs, job searches or appointments with outside agencies along with sports and music activities and events along with X-treme Church every Sunday.

Opening Hours

Monday (2pm - 4pm), Tuesday (6pm - 8pm), Wednesday (6.30pm - 8.30pm), Thursday (4pm - 6pm), Friday (8pm - 10pm), Sunday (4pm - 5.30pm)

Venue

1a South Parade, Seascale, CA20 1PZ

Contact

Jacq Cardy (01946 727887 / www.shacklesoff.org.uk [12])

Distington Club for Young People

Distington Club for Young People provides a range of centre based activities for young people 4-25 from Distington, Pica and Gilgarren.

Young people can take part in drama and music, projects and activities, educational trips, recreational trips and sports

Opening Hours

Monday (4pm - 10pm), Tuesday (6pm - 8pm), Wednesday (4.30pm - 9pm), Thursday (4pm - 10pm), Friday (6pm - 9pm)

Venue

Main Street, Distington, CA14 5UJ

Contact

Christine Pattinson (01946 832882 / c.jones001@btconnect.com [13] This e-mail address is being protected from spam bots, you need JavaScript enabled to view it)

Inspira

Inspira's projects include: Offering careers guidance to individuals, schools and colleges, support for at-risk young people, National Citizen Service, dash (drugs, alcohol, sexual health), Wheels to Work and National Careers Service

Opening Hours

Monday to Friday (10am - 5pm)

Venue

Roper Street, Whitehaven, CA28 7AR

Contact

(01969) 695541/ www.inspira.org.uk [14]

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- [4] <http://www.whyp.org.uk/about-us-in-video/>
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- [7] <https://www.facebook.com/harbour.project/notifications/>
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