

What and where can I recycle?



There is an ever growing list of items which can be re-used or recycled. New processes and facilities are being developed to treat our waste as a resource, rather than something that we want to dispose of. We can all do our bit to help increase the amount of waste that is either re-used or recycled.

Below is an A-Z list of things that can be recycled:

Aerosols

Each year around 500 million aerosols are used in the UK. That is about ten for each person. Aerosols are recyclable. Please remove the plastic top, and take it to your nearest can recycling bank or put it in your black box.

Aluminium

Recycling 1kg of aluminium cans saves 8kg of bauxite (the raw material mined to make aluminium), 4kg of chemical products, and 14kw of electricity. Recycling aluminium saves 95% of the energy used to process raw materials, and reduces emissions by 99%. Recycle your aluminium drinks cans by taking them to your nearest recycling site, or using your kerbside recycling box. Aluminium cans are collected together with steel cans, which are separated using large magnets that remove the steel cans for separate reprocessing.

Bags

Instead of using new carrier bags when you visit supermarkets, re-use old ones, or take a "bag for life", which can be used over and over again. These are now available at most major supermarkets, and many high street shops.

Batteries

Car batteries should be taken to one of the Household Waste Recycling Sites (HWRC) at Frizington or Millom, which are run by Cumbria County Council. Sometimes garages will accept them, but may charge. Household batteries can also be taken to the HWRC, but using rechargeable batteries or appliances which work on mains electricity is a better way of reducing waste from batteries. You can

now recycle batteries at many local supermarkets.

Books

When you have finished with a book, give it to someone else to read, or take it to a local charity shop or book bank.

Bottles

Information about recycling bottles can be found under the heading Glass.

Bulky Waste

Copeland Borough Council runs a bulky waste collection service. We charge £25.50 to collect up to three items. Please ring 01946 598300 to arrange a collection.

Cardboard

Card can be recycled as part of your kerbside collection. Put it in the white, weighted bag we have given you.

Cartridges for printers

Many stationery companies have a returns policy, meaning that you can take them back to where you purchased them. Some charities also take and buy back ink cartridges for recycling.

Check your favourite charity websites.

Clothing

Pass unwanted clothes to friends and family, or take them to a local charity shop or textile recycling bank. Much of the clothing put into recycling banks is sent for resale in other countries, which supports local economies.

Electrical & Electronic Equipment

It is best to repair equipment wherever possible, but if you are simply updating equipment, you can recycle electrical and electronic equipment at your local [Houshold Recycling Centres](#). [1] Alternatively, contact your local charity shop, as they may take such items, if they are still in a good condition. There are also organisations which refurbish electrical equipment for re-sale.

Envelopes

These can be reused by placing stickers over the previous address, and many charities provide re-use labels. You can also recycle envelopes in the kerbside boxes or at our recycling sites, provided that any plastic windows in the envelopes are removed first.

Fridges and Freezers

These should be disposed of safely, due to the gases that are used to provide the coolants for them. Copeland can arrange to collect these for disposal as part of our low cost bulky waste service. Please call us 01946 598300. alternatively they can be recycle at you local Houshold Recycling Centres (Millom or Frizington). You can also visit the [recycle for cumbria](#) [2] website for a list of names of organisations that will take white

goods (if in working order) for reuse.

Furniture

This can be donated to a number of charities. The following organisations provide a collection service for furniture which is in a good state of repair and requires no maintenance - Impact Housing 01900 68648 and Age Concern 01900 872824. Where items are no longer in a fit state for use, they can be picked up for a low charge by our bulky collection service, by calling 01946 598300. You can also visit the [recycle for cumbria](#) [2] website for a list of names of organisations that will take furniture (if in working order) for reuse.

Garden waste

About a third of the waste that we produce at home can be composted. This includes vegetable kitchen waste and garden waste such as grass clippings, dead flowers and prunings from trees and shrubs. Use your green waste collection scheme, or make your own compost with the help of a home compost bin. Find out more [here](#). [3]

Gas bottles

Recycle gas bottles at your local [Household Waste Recycling Centres](#) [1] at Millom or Frizington. Alternatively you can use our Bulky Waste collection service, which will collect up to three items for £25.

Glass

8-10% of the contents of the average dustbin is made up of glass. Most of this can be recycled over and over again. You can use your black kerbside box to recycle bottles and jars if you are on the collection scheme, or see our list of recycling sites find out which sites have glass recycling banks.

Hardcore and rubble

Recycle this at you local Household Waste Recycling Centres (Millom or Frizington).

Hazardous Waste

There is legislation governing the disposal of hazardous waste. Please telephone 01946 598300 for advice on the collection of hazardous waste.

Junk Mail

You can stop junk mail being delivered by registering with the Mailing Preference Service either via the Mailing Preference Website or by telephoning them on 0805 703 4599

Kitchen Waste

Uncooked fruit and vegetable peelings can be placed in your home compost bin. See our page on [Home Composting](#) [4] to find out how to order a subsidised home compost bin or a food digester.

Mobile Phones

Many charities have a mobile phone recycling service. Contact your preferred charities to see if they run one. You can also recycle them locally at Whitehaven Tesco, Cleator Moor Co-op, Chapel Street car park in Egremont and Tesco in Millom.

Nappies

3% of household waste in Cumbria consists of disposable nappies. Reusable cotton nappies are available, and are not as difficult to use as the old style terry toweling nappies. You can get a voucher to try reusable nappies through the Cumbria Real Nappy Campaign website <http://www.cumbriarealnappycampaign.org/> [5] or by telephoning 0300 003 1118.

Newspapers

Please place newspapers in your blue recycling box if you are on a kerbside collection scheme. Alternatively, bring them to one of our recycling sites.

Oil

It is illegal and dangerous to dispose of car engine oil down the drain. It should not be disposed of with your general household rubbish, but taken to one of the County Council's Household Waste Recycling Centres at Frizington or Millom.

Packaging

Many products we use today have excess packaging. You can reduce waste by choosing products which have less packaging, buying items such as fruit and vegetables loose, and using refills for products wherever possible. Buying in bulk often requires less packing for one large container than several smaller ones. Plastic, cardboard and paper packaging can be recycled in your kerbside box/bag collection, or taken to our recycling 'bring' sites. Check our list or sites to see which ones take which materials.

Paint

Please do not put paint in your normal household waste bin. Surplus paint and empty containers can be taken to your local Household Waste Recycling Centre, or donated to a local charity. In this area Free For All Community Recycling at Wigton will take surplus paint. You can contact them on 016973 44919 or 016973 45656 or write to: Free For All Community Recycling Wigton Ltd, The Old Slaughterhouse, Water Street, Wigton, Cumbria. CA7 9AW

Plastics

Plastic bottles, tubs and pots can be put into your black box for kerbside recycling. Alternatively, take them to your nearest recycling point.

Plastic bags

Can now be recycled at several supermarkets in the area, but better still, use "bag for life" and minimise waste from plastic carrier bags. These are available in many high street shops and supermarkets.

Scrap Metal

You can take scrap metal to your Household Waste Recycling Centre, or large quantities can be taken to a scrap metal dealer

Steel

Many food cans are made from steel. These can all be rinsed and placed in your black box for

collection on our kerbside scheme, if you have this service in your area. Otherwise, please take them to one of our recycling sites, located throughout the borough. Larger items can be taken to the County Councils [Household Waste Recycling Sites](#) [1]. Recycling steel saves 70% of the energy it takes to produce steel from raw materials.

TV and monitors

Recycle at you local Houshold Recycling Centres (Millom or Frizington). Alternatively if you cant transport these items Copelands Buky Waste servioece will come a pick up items for a small fee.

Vegetables

Composting vegetables and vegetable peelings is the best way to dispose of unwanted vegetable waste. Make your own compost with the help of a home compost bin - see also kitchen waste above.

Wood

Recycle at a Household Waste Recycling Centre (Millom or Frizington).

Source URL: <https://www.copeland.gov.uk/faq/what-and-where-can-i-recycle>

Links

- [1] <https://www.cumbria.gov.uk/planning-environment/waste-management/servicesincumbria/hwrcs/hwrc.asp>
- [2] <http://www.recycleforcumbria.org/recycling/reuseorganisations.asp>
- [3] <https://www.copeland.gov.uk/content/brown-bin-garden-collection>
- [4] <https://www.copeland.gov.uk/content/composting-why-bother>
- [5] <http://www.cumbriarealnappycampaign.org/>