

Useful contact numbers

Organisation	Daytime	Out of hours
Environment Agency Floodline – be prepared for flooding. Receive messages and flood alerts.	0845 988 1188 – available 24 hours	
In an emergency		
Police	999 for emergency response	
Copeland Borough Council – sandbags and to notify of flooding and associated hazards.	0845 054 8600 – available 24 hours	
Home Group – contact your landlord and let them know your home is flooding and you need help.	0345 141 4663 – available 24 hours	
Two Castles - contact your landlord and let them know your home is flooding and you need help.	01946 591848	0845 543 6417
Cumbria Highways – notify of flooded roads and any problems.	0845 6096609	101 (for emergencies)
Following an emergency		
British Red Cross – welfare support and practical help particularly if you are moved from your home.	0773 990 5956	
Copeland Flood Recovery Fund – for grants and financial help	01900 825760	
Citizen Advice Bureau – help with insurance claims, money issues and they can signpost you to other sources of help.	Whitehaven Office – 01946 693321 Millom Office – 01229 772395	
First Step – for emotional support following any trauma. Someone to talk to about how you are feeling.	0300 123 9122	
NHS Direct – if you are feeling unwell following a flood or after cleaning up.	0845 4647 – available 24 hours	

<p>Cumbria County Council - Adult Social Care</p> <p>Copeland North Team comprises postcode districts CA14, CA26 and CA28.</p> <p>Copeland South Team comprises postcode districts: CA18, CA19, CA20, CA21, CA22, CA23, CA24, CA25, CA27 and LA18 (Millom).</p>	<p>01946 506352</p> <p>01946 506269</p>	<p>01228 526690</p>
Age UK West Cumbria	08443 843 843	
Children and Families Info line	08457 125 737	
Cumbria Partnership NHS Trust	01228 602000	
Shelter – advice with money worries as well as homelessness and other concerns.	0808 800 4444	
Whitehaven, Egremont and District Credit Union	<p>Whitehaven – 01946 66755</p> <p>Egremont – 01946 828104</p>	
Millom and District Credit Union	01229 775877	

Useful websites

- Cumbria police www.cumbria.police.uk
- Cumbria County Council www.cumbria.gov.uk
- Copeland Borough Council: www.copeland.gov.uk
- The Cumbria Advice Network: www.cumbriaadvicenetwork.org.uk
- Copeland Flood Recovery Fund: www.cumbriafoundation.org
- Home Group: www.homegroup.org.uk
- Two Castles: www.twocastles.org.uk
- Environment Agency: www.environment-agency.gov.uk
- Citizen’s Advice Bureau www.citizensadvice.org.uk
- Association of British Insurers <http://www.abi.org.uk>
- Help with heating your home www.homeheathelpline.org.uk
- Shelter <http://england.shelter.org.uk>
- Whitehaven, Egremont & District Credit Union www.wedcu.co.uk