

Whitehaven Sports Centre

Map for geographic location Easting: 297527.00 Northing: 517786.00

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The place to go in Whitehaven for sports, fitness and exercise for all the family.

There's something for everyone with a choice of fitness classes, which take place daily in the studios, plus aqua classes at Copeland Swimming Pool.

Kettlercise - Tap Dance - Studio Cycling - Zumba - Circuits - Flex & Stretch - Boxercise - Step and more.

Membership packages include unlimited gym and fitness classes so you can enjoy a varied workout, or take advantage of 25% off 'pay as you train' prices, with the beActive Leisure Card.

Our fitness and swim package includes unlimited swimming at Copeland Swimming Pool.

For opening times and full details go to the [Whitehaven Sports Centre website](#). [7]

[Click here for Copeland swimming pool opening hours and location map](#) [8].

Source URL: <http://www.copeland.gov.uk/location/whitehaven-sports-centre>

Links

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[8] <http://www.copeland.gov.uk/location/copeland-swimming-pool>